

## DR. SHERRY ROGERS' NEWSLETTER INDEX

(issue number, year) page

1000 mg Taurine (1/'04) 3

1stEnviroSafety.com

(supplier) (9/'04) 2, 8;

(12/'02) 6; (10/'02) 7;

(12/'99) 4

7-Keto DHEA(12/'03) 1;

(11/'03) 1

AAEM.com (supplier)

(4/'02) 8

Ablation: dangerous

treatment for arrhythmia

(10/'10) 7; (11/'10) 1

Accelerated Heavy Metal

Detox Protocol (5/'05)

6; (10/'04) 5

Accidents, healing from

(6/'05) 4; (1/'05) 2;

(2/'04) 6

Accutane (acne treatment):

can lead to depression &

suicide... (10/'03) 1;

(7/'03) 2

ACE inhibitors (Rx):

Accupril or Altace

(5/'99) 2

ACES with Zinc (8/'05) 6;

(7/'05) 6, 7; (5/'05) 8

acetaminophen (Tylenol):

toxic to the liver, can

cause death... (4/'04) 4;

(5/'03) 6; (3/'02) 7;

(12/'99) 5; (8/'99) 6;

(3/'99) 4; (9/'06) 7;

(6/'10) 1

Acetyl L-Carnitine (7/'04)

5; (12/'03) 7; (6/'03) 3;

(5/'08) 1; (2/'11) 1

Acetylcholine (7/'99) 6

aches (body aches) (7/'01)

2

acid inhibitors (8/'08) 4;

(12/'11) 5

acid reflux: see "reflux

esophagitis"

acidity of the body (6/'04)

4; (2/'04) 6; (4/'01) 6;

(2/'99) 5

Acidophilus-Go (12/'03) 4;

(6/'03) 5

Acne (10/'03) 1; (9/'03) 1;

(1/'00) 5; (8/'05) 3

*Active Isolated Stretching:*

*The Mattes Method*, by

Aaron Mattes (12/'02) 7

Actonil (5/'04) 5

ADD (Attention Deficit

Disorder) (5/'04) 2;

(5/'02) 3; (4/'02) 4;

(3/'02) 6; (5/'00) 3;

(8/'05) 2; (6/'08) 1,2,3;

(8/'08) 4,5; (1/'11) 5

addicts (3/'06) 4; (4/'08) 2

ADHD(Attention Deficit

Hyperactivity Disorder)

(6/'04) 1; (5/'04) 2;

(1/'03) 4; (6/'02) 4;

(7/'99) 6; (3/'99) 3, 5;

(2/'99) 6

ADMA (test for heart

attack risk) (8/'04) 5

adrenal function: boosting

(11/'03) 1

adrenal: stressors (10/'06) 1

adrenal problems (4/'01) 3;

(5/'10) 5

adrenal tests (12/'03) 1;

(5/'10) 5; (8/'10) 3;

(11/'11) 7

Adriamycin (7/'04) 3

Advicor (8/'03) 3

AEHF (supplier) (7/'02) 8

AEHF.com (supplier)

(5/'05) 8

aerial pesticide spraying

(4/'01) 1

Afrin (11/'99) 1

Agent Orange exposure

(5/'04) 1

aggression: see "violence,

aggression, crimes"

aging (also, anti-aging

helps) (6/'05) 5;

(12/'04) 7; (11/'04) 6;

(5/'04) 3, 6, 7; (3/'04) 2;

(2/'04) 4; (1/'04) 3;

(10/'03) 3; (7/'03) 3, 7;

(6/'03) 3; (8/'02) 3;

(5/'02) 6; (4/'02) 4;

(3/'02) 2, 4; (1/'02) 2;

(7/'01) 2; (4/'01) 4;

(5/'00) 4, 7; (1/'00) 4;

(10/'99) 4; (2/'99) 7;

(5/'10) 3; (8/'10) 3

AIDS/HIV (7/'05) 2;

(5/'03) 6; (7/'01) 2;

(6/'99) 4; (3/'99) 6

AIDS/HIV: antioxidants

help (3/'05) 1

AIDS/HIV: lipoic acid

stops growth (3/'04) 2

AIDS/HIV: Olive Leaf

extract inhibits (7/'04) 7

air cleaners (3/'05) 5;

(1/'00) 4; (5/'07) 4

air conditioners (7/'99) 1

air pollution (8/'03) 8;

(3/'03) 7

airplane travel (see also "jet

lag" and "away from

home") (6/'03) 7

albumin: low (10/'11) 7

Albuterol (4/'01) 2

alcoholism (8/05) 1;  
 (7/05) 3; (5/02) 7;  
 (4/02) 4  
 alcoholism: treatment with  
 taurine (1/04) 3  
 Alkaline Water Machine  
 (10/04) 3; (6/04) 4, 5;  
 (2/04) 5; (4/06) 4  
 Alkaline Water (3/05) 5;  
 (2/04) 6  
 allergies (2/04) 2; (1/03)  
 1, 7; (6/99) 1  
 allergies-food (9/03) 2;  
 (5/02) 7; (12/00) 3;  
 (4/99) 5; (8/08) 5  
 allergies-food: dietary help  
 (1/97) Misc.  
 allergies – food: hidden  
 ingredients on labels  
 (10/10) 7  
 allergies-food: menu  
 suggestions (4/99) 6  
 allergies-food: testing  
 (4/99) 6  
 allergy elimination diet  
 (10/99) 7  
 allergy: wheat (2/08) 4  
 allnaturalcosmeticvs.com  
 (6/05) 8  
 Alzheimer's Disease  
 (10/02) 5; (9/02) 7;  
 (1/02) 4; (1/00) 4;  
 (12/99) 4; (10/99) 3;  
 (2/99) 6; (5/06) 6;  
 (4/10) 7; (10/10) 3;  
 (8/11) 5  
 Alzheimer's Disease:  
 contributors (11/04) 7;  
 (10/04) 3, 7; (7/04) 4;  
 (5/04) 3; (4/04) 1, 6;  
 (1/04) 3; (8/03) 3;  
 (7/03) 3; (6/03) 1;  
 (3/03) 4; (1/03) 5;  
 (2/06) 4; (8/08) 4;  
 (9/08) 1,3,4; (1/11) 5;

Alzheimer's Disease:  
 prevention (7/02) 7;  
 (1/00) 4; (11/06) 1  
 Alzheimer's Disease:  
 vitamins C and E cut  
 risk (12/04) 1  
 Alzheimer's Disease:  
 phosphatidylcholine  
 deficiency contributes  
 (1/05) 1; (11/06) 1  
 Alzheimer's Disease:  
 reversing (8/07) 5;  
 (2/07) 7; (3/08) 2  
 American Academy of  
 Environmental Medicine  
 (4/02) 2  
 American Biologics  
 (supplier) (10/99) 8  
 American Board of  
 Environmental Medicine  
 (7/99) 4  
 American Cancer Society  
 (11/03) 4  
 American Environmental  
 Health Foundation (Dr.  
 Rea) (5/03) 2; (4/02) 2  
 American Lecithin  
 (supplier)(7/04) 8  
 Amiodarone:heart drug  
 (2/08) 2; (9/11) 6  
 Amni (supplier) (1/03) 8  
 Amyotrophic Lateral  
 Sclerosis (ALS) (6/10)  
 6  
 Ananese enzyme (8/11) 4  
 Andy Hopkins (supplier)  
 (7/03) 8  
 anemia (6/05) 4; (11/07)  
 6  
 anesthesia (2/02) 6  
 anesthesia: causes lower  
 brain function (4/05) 7  
 angina (12/03) 4; (2/03)  
 1; (1/02) 4; (5/00) 3;  
 (11/99) 7; (6/99) 4, 6  
 angioplasty (6/05) 3

antacids (Maalox, Di-Gel,  
 Rolaids, Mylanta)  
 (10/03) 3; (5/03) 5;  
 (4/02) 4; (6/99) 4;  
 (4/99) 1; (8/08) 4  
 antibacterial agents  
 (natural) (12/02) 4;  
 (3/99) 4, 6  
 antibiotic-resistant viruses  
 & diseases (7/03) 6;  
 (11/02) 1; (5/08) 7  
 antibiotics (2/04) 1;  
 (9/03) 4, 6; (7/03) 6;  
 (1/03) 7; (5/02) 4;  
 (7/01) 3; (1/00) 5;  
 \*(12/99) 1; (8/99) 4;  
 (5/99) 5; (5/08) 7;  
 (8/11) 5  
 antibiotic cream: salt  
 instead of (7/07) 1  
 antibiotics-natural (3/99) 4  
 anti-cholesterol processed  
 food (3/99) 4  
 antidepressants (10/02) 7;  
 5/07) 3; (5/10) 1;  
 (12/11) 6  
 antidepressants: can trigger  
 suicide, etc. (5/04) 3;  
 (2/03) 7  
 antihistamines: “fertilizer  
 for cancer cells” (7/03)  
 2; (3/02) 6; (3/99) 4  
 antihistamines: natural  
 alternatives (6/99) 1  
 anti-inflammatory drugs:  
 see “NSAIDs”  
 anti-inflammatories: natural  
 (4/01) 7; (3/99) 6  
 antioxidants (3/04) 1;  
 (2/04) 6; (12/03) 4;  
 (8/03) 1; (7/03) 6;  
 (6/03) 4; (12/02) 5;  
 (11/02) 4; (9/02) 4;  
 (6/02) 4; (3/02) 6;  
 (7/01) 2; (1/00) 4, 6;

(12/99) 4; (9/99) 5;  
 (3/99) 6  
 anti-protozoal agents  
 (3/99) 4  
*Anxiety Epidemic, The*  
 (booklet) by Dr. Billie  
 Sahley (2/03) 7  
 anxiety (3/03) 5; (5/02) 4,  
 5; (7/01) 2, 7; (1/00) 6  
 apathy (3/03) 5  
 appendectomy: health  
 problems after (5/10) 7  
 AquaPhase A (3/99) 4  
 ARG Nattokinase capsules  
 (1/03) 3  
 ARG/Nutricology  
 (supplier) (9/99) 8  
 Argentyn 23 (12/04) 5;  
 (4/04) 2; Arginine:  
 prevents infection(1/05)  
 7  
 Arginine powder (2/10) 4;  
 (9/11) 5; (11/11) 6  
 arrhythmia: see “cardiac  
 arrhythmia”  
 arsenic (11/07) 6; (4/10) 3  
 Artemisinin: for malaria &  
 drug-resistant cancer  
 (8/05) 1; (7/04) 6;  
 (11/03) 1; (8/03) 6  
 arterial calcifications  
 (5/05) 6  
 atrial fibrillation (2/99) 4;  
 (4/06) 5; (11/08) 5  
 arteriosclerosis (7/05) 5;  
 (3/05) 7; (9/04) 2, 5;  
 (5/04) 6; (1/04) 3;  
 (12/03) 4; (3/03) 5;  
 (2/03) 1; (1/03) 7;  
 (12/02) 4; (10/02) 5;  
 (8/02) 1; (5/02) 6;  
 (7/01) 2, 4; (1/00) 3, 4,  
 5, 6; (10/99) 4; (8/99)  
 3; (6/99) 5, 6; (3/99) 6;  
 (10/08) 5,6

arteriosclerosis: hastened  
 by too much calcium  
 (5/04) 6  
 arthralgia (3/99) 5  
 arthritis cookbook:  
*Arthritis: A Diet to Stop*  
*It* by Norm Childer  
 (11/99) 6  
 arthritis cookbook:  
*Arthritis-Free Cooking*  
 by Vogel and Claudio  
 (11/99) 6  
 arthritis (8/05) 4; (3/05)  
 3; (1/05) 4; (10/04) 7;  
 (6/04) 5, 7; (4/04) 6;  
 (1/04) 5; (10/03) 6;  
 (9/03) 7; (7/03) 7;  
 (1/03) 6, 7; (10/02) 4;  
 (9/02) 7; (2/02) 3;  
 (7/01) 4, 6; (5/00) 7;  
 (8/99) 5; (3/99) 6;  
 (2/99) 6; (4/10) 6  
 arthritis: healed by mud  
 packs (3/04) 5  
 arthritis-juvenile  
 rheumatoid (1/04) 6  
 arthritis-juvenile (5/00) 7  
 arthritis-rheumatoid: “cured  
 within weeks without  
 drugs”(6/05) 4; (1/04)  
 6; (1/03) 6, 7; (5/00) 7;  
 (1/00) 5; (12/99) 5;  
 (8/99) 2; (5/99) 7;  
 (3/99) 5; (12/07) 1  
 asbestos (11/08) 7  
 asparagus (9/99) 4  
 Aspartame (Equal,  
 Nutrasweet) \*(9/02) 6;  
 (2/02) 3; (8/06) 5;  
 (10/10) 4  
*Aspartame Disease, An*  
*Ignored Epidemic*, by  
 Hyman Roberts (9/02)  
 7  
 aspirin(9/04) 5; (4/04) 5;  
 (1/03) 3; (12/99) 5;

(10/10) 6; (1/11) 6;  
 (8/11) 4  
 asthma(12/03) 4; (5/03) 3;  
 (5/02) 1; (2/02) 3;  
 (4/01) 2; (9/99) 8;  
 (5/99) 7; (2/99) 4, 6;  
 (6/07) 1  
 asthma-in children (12/04)  
 5; (9/03) 1; (5/03) 3;  
 (9/11) 7  
 athletes: see “sports”  
  
 atrial fibrillation: see also  
 “defibrillators-  
 implanted” (5/05) 3, 5;  
 (9/03) 3, 4; (5/99) 2’  
 (2/06) 1; (6/07) 1  
 atrophic gastritis (3/02) 7;  
 (12/00) 3; (4/99) 2;  
 (12/11) 1  
 attention: see  
 “concentration”:  
 autism(6/04) 1; (5/04) 2;  
 (8/03) 4; (1/03) 4;  
 (9/02) 1; (5/02) 3;  
 (3/99) 5; (11/07) 7  
 autism: GalantaMind  
 effective for some  
 (5/04) 3  
 autoimmune  
 diseases/disorders  
 (3/05) 3; (7/03) 7;  
 (1/03) 7; (10/02) 5;  
 (5/00) 6; (1/00) 5;  
 \*(8/99) 1; (5/99) 2;  
 (3/99) 3; (2/99) 6  
 autoimmune disorder:  
 iodine helps (11/04) 6  
 Autoimmune Thyroid  
 Disease(1/03) 5  
 Avandia: diabetes drug  
 (3/11) 6  
 away from home: what to  
 do about allergens when  
 away (1/04) 7; (6/03) 6  
 Axid (Rx) (7/05) 6  
 B1 deficiency (8/11) 6

B Compleet-100 (5/'05) 2;  
 (9/'03) 7; (8/'03)  
 B12 benefits of (10/'10) 3;  
 (1/'11) 5  
 B12 blood tests (medical)  
 (9/'03) 7  
 B-12 injections (4/'05) 2  
 back spasms (12/'03) 4  
 bad knee (12/'00) 4  
 bad shoulder (12/'00) 4  
 Barrett's esophagus  
 (12/'11) 5  
 basics: "The Basics" for  
 healing cancer or any  
 condition (4/'03) 5;  
 (11/'99) 5  
 Baycol (Rx)(1/'00) 6  
 beans(9/'99) 4; (6/'99) 3  
 bed rest (8/'05) 5; (7/'05)  
 3; (4/'02) 1  
 Bell's Palsy (4/'05) 1;  
 (9/'03) 2  
 Belmar Pharmacy  
 (supplier)(11/'04) 8  
 benign prostatic  
 hypertrophy (BPH)  
 (7/'01) 6; (4/'01) 2;  
 (1/'06) 4; (5/'07) 7;  
 (1/'08) 5; (2/'10) 2,6  
 benzalkonium chloride  
 (11/'99) 1  
 benzene (9/'04) 1  
 berberine (4/'04) 7  
 Best Heart Scan (9/'02) 8  
 Best Stool Study (6/'05) 8  
 beta blockers (10/'03) 2;  
 (4/'07) 6; (10/'11) 1;  
 (12/'11) 4;  
 beta-carotene (11/'03) 4;  
 (11/'99) 5  
 Bextra(12/'02) 6  
 Beyond C (11/'02) 2  
 Bile Acid Factors (4/'05) 4;  
 (6/'03) 5; (2/'03) 4  
 Bio Tech (10/'04) 8

BioActive Nutritionals  
 (supplier)(11/'02) 8  
 Bio-Botanical (supplier)  
 (11/'04) 8  
 Biocidin (10/'03) 5  
 Biofilms (4/'05) 1; (7/'10)  
 2; (12/'11) 1, 4;  
 Bio-Gest (10/'99) 7  
 Bio-Pro (7/'06) 6  
 Biopro-A Thymic (4/'99) 4  
 biopsy tests (10/'99) 6;  
 (7/'10) 1  
 BioSil (for teeth)(5/'04) 7;  
 (7/'02) 4; (5/'02) 6  
 Bio-Tech (supplier)  
 (10/'99) 8  
 Bio-Tech-Pharm.com  
 (supplier)(8/'05) 8  
 bio-terrorism: preparing  
 for, etc. (9/'03) 1;  
 (5/'03) 5; (3/'03) 7  
 Bio-Throid (3/'02) 4  
 Biotin (2/'06) 5  
 Bipolar Disease (also  
 Bipolar Depression)  
 (8/'03) 2; (7/'03) 2  
 birth control pills (5/'99) 5  
 birth defects (12/'03) 3;  
 (10/'03) 1; (8/'02) 1, 4  
 Black Cohosh (8/'02) 7  
 bladder infection (3/'08) 4  
 bladder problems (8/'05) 2;  
 (6/'02) 5  
 blindness (7/'05) 3  
 blood choline (1/'05) 1  
 blood clots (10/'08) 6,7,  
 (10/'10) 3  
 blood pressure: the  
 right/best reading to  
 have (12/'04) 3  
 blurred vision (9/'02) 7  
 body odor (11/'08) 6  
 Boluoke (7/'05) 7; (4/'05)  
 1

Bone Loss Test (available  
 at home, no  
 prescription) (3/'03) 5  
 Bone Resorption Test  
 (12/'02) 2; (7/'02) 4;  
 (6/'99) 7; (6/'08) 3  
 bone: building up, healing  
 (7/'02) 3; (5/'02) 6;  
 (6/'99) 6; (6/'08) 3  
 Bone-Up (10/'02) 4  
 Borage GLA 240(10/'03)  
 3; (3/'03) 3  
 Borage Oil (6/'03) 2;  
 (2/'03) 7  
 Boron 2 mg (2/'04) 5  
 Boron(6/'05) 4; (2/'04) 5;  
 (5/'03) 5; (10/'02) 4;  
 (5/'00) 7  
 Botox (1/'04) 4  
 Bovine Cartilage  
 (supplement)(6/'99) 7  
 BPA: dangers of(9/'11) 6  
 brain damage: caused by  
 flame retardants (11/'03)  
 7  
 brain function (also "brain  
 fog")(6/'05) 4, 6;  
 (10/'04) 7; (5/'04) 2;  
 (3/'04) 3; (2/'04) 5;  
 (1/'04) 3; (12/'03) 7;  
 (11/'03) 1; (10/'03) 8;  
 (3/'03) 4; (1/'03) 4;  
 (10/'02) 5, 7; (9/'02) 6;  
 (6/'02) 4; (4/'02) 7;  
 (3/'02) 4; (1/'02). 2;  
 (7/'01) 2; (4/'01) 5;  
 (12/'00) 6; (5/'00) 3;  
 (1/'00) 8; (2/'99) 6;  
 (8/'08) 4,5; (4/'11) 1  
*Brain Recovery. Com* by  
 Dr. David Perlmutter  
 (re: Alzheimer's)  
 (12/'00) 7  
 brain: abnormal chemistry  
 (8/'03) 2

brain: protecting its function (6/'03) 4; (3/'06) 1; (1/'11)5;  
 brain: repairing tissue (2/'99) 4; (8/'08) 4,5;  
 Brassica vegetables (Brussels sprouts, broccoli, cabbage...) (8/'05) 4; (4/'01) 3; (12/'99) 5; (11/'99) 5; (9/'99) 4  
 breath: bad (4/'06) 7  
 Bright Eyes II (12/'04) 3  
 bromine: problems it causes (11/'04) 5  
 bronchitis (5/'03) 3  
 buckflower cereal (3/'99) 3  
 Buffered Vitamin C Powder (11/'02) 2  
 BUN (kidney test): ineffective (8/'04) 6  
 burns: aids to healing (1/'05) 2  
 bursitis (1/'04) 6; (5/'03) 4  
 Butyrate (2/'10) 4  
 Bypass surgery (2/'06) 1; (11/'11) 1  
 C flush (5/'00) 1  
 COQ10 (3/'05) 6; (7/'04) 3  
 cadmium: (see also "heavy metals") (8/'05) 6; (5/'05) 6; (5/'06) 1; (8/'07) 3  
 Caduet (Rx) (8/'05) 2  
 Caffeine: dangerous taken before sports (7/'06) 7  
 calcium channel blockers (10/'03) 2; (8/'03) 5; (3/'03) 2, 5; (7/'02) 7; (4/'02) 2; (4/'01) 2; (5/'11) 1; (9/'11) 3  
 Calcium D-Glucarate (8/'05) 4; (10/'04) 5; (9/'04) 2

calcium supplements: the problem with them (7/'03) 2  
 calcium (7/'05) 7; (11/'04) 7; (5/'04) 5; (2/'04) 5; (3/'03) 4; (12/'02) 2; (5/'02) 5; (1/'02) 4; \*(4/'01) 5; (6/'99) 6  
 calcium: absorption (11/'04) 7; (5/'04) 5; (2/'04) 5; (10/'02) 4; (5/'00) 7  
 calcium: what foods have it, with specific quantities (4/'03) 7  
 Calcium-D-Glucarate (5/'00) 4  
 CalMag & CalMag Plus (10/'03) 5; (9/'02) 7  
 CampaMed (supplier) (5/'04) 8  
 Canada RNA (7/'05) 8  
 canadaRNA.com (4/'05) 8  
 cancer cookbook: *Dining In the Raw* (7/'99) 7  
 cancer cookbook: *You Are What You Ate* (7/'99) 7  
 cancer video: *Cancer Doesn't Scare Me Anymore* (7/'99) 7  
 cancer video: *You Can't Improve On God* (7/'99) 7  
 cancer(7/'05) 1, 3; (5/'05) 4; (4/'05) 3; (10/'04) 2; (8/'04) 1; (7/'04) 3; (6/'04) 2; (5/'04) 1; (4/'04) 1, 4, 6; (3/'04) 6; \*(11/'03) 1, 2; (7/'03) 4; (6/'03) 4, 6; (4/'03) 7; (3/'03) 6; (10/'02) 4, 6; (9/'02) 6; (8/'02) 7; (7/'02) 5; (6/'02) 4; (5/'02) 7; (4/'02) 1; (2/'02) 2; (1/'02) 6, 7; (7/'01) 4; (4/'01) 2, 5;

(12/'00) 1; (5/'00) 1; (1/'00) 3, 5; (1/'00) 8; (12/'99) 6; (11/'99) 3, 7; (10/'99) 2, 3; (9/'99) 2, 4, 6; (7/'99) 7; (6/'99) 2; (5/'99) 1, 6; (7/'06) 4; (4/'07) 7; (3/'07) 1; (1/'07) 4; (1/'07) 5; (4/'08) 6; (1/'08) 3; (1/'08) 6; (6/'08) 7; (7/'08) 1,7; (9/'08) 7; (1/'10) 6; (6/'10) 2; (7/'10) 5; (8/'10) 7; (9/'10) 6,7; (10/'10) 3; (1/'11) 2; (3/'11) 4; (4/'11) 4; (9/'11) 2; (10/'11) 1; (11/'11) 2,3; (12/'11) 6, 7  
 cancer: "Panic Stage", The (6/'05) 2; (12/'06) 4  
 cancer: Agent Orange exposure & vets (5/'04) 1  
 cancer: Artemisinin kills cancer cells & helps drug-resistant forms (8/'05) 1; (7/'04) 6; (8/'03) 6  
 cancer: carrot juice and beta-carotene help (4/'05) 1; (12/'03) 6; (7/'03) 6  
 cancer: cod liver oil retards growth of cancer cells (3/'05) 4; (6/'03) 2; (11/'06) 6  
 cancer: dietary helps (1/'97) Misc.; (7/'03) 6; (12/'06) 1  
 cancer: early detection (10/'99) 5  
 cancer: eating beans helps (1/'05) 6  
 cancer: enzymes help destroy (4/'06) 6

cancer: finding hidden metastases (3/'03) 6  
 cancer: Lugol's Solution or iodine- key to healing (11/'04) 6  
 cancer: Macro diet triples survival rate & heals cancer (Winter/'93) Misc  
 cancer: metastases-how to tell if they are developing (12/'99) 7; (10/'99) 5; (9/'08) 7  
 cancer: metastases-stopping (7/'05) 1; (1/'06) 2  
 cancer: nutrient list for patients (11/'99) 4  
 cancer: patients are cheated (12/'07) 4  
 cancer: potential causes (9/'03) 1; (7/'03) 3; (4/'03) 2; (12/'02) 1  
 cancer: prevention (5/'05) 3; (8/'04) 4; (1/'04) 5; (7/'03) 1, 7; (6/'03) 4; (3/'03) 5; (2/'03) 8; (12/'02) 5; (9/'02) 5; (8/'02) 5; (6/'02) 2; (3/'02) 7; (5/'00) 4; (1/'00) 3; (12/'99) 4; (10/'99) 5; (7/'99) 1, 7; (5/'99) 4; (4/'06) 4; (9/'07) 1  
 cancer: reversing it in the early stages\* (4/'03) 1  
 cancer: selenium helps (7/'07) 2  
 cancer: statin drugs increase risk (2/'10) 2;  
 cancer: testing your oncologist (6/'04) 2  
 cancer: treatment side effects with preventative nutrients listed (11/'99) 4; \*(5/'99) 6

cancer: Vit C kills cancer cells (3/'06) 6  
 cancer: Vit D. helps (1/'05) 4; (3/'05) 3  
 cancer: Vit E inhibits & kills (1/'04) 4; (10/'03) 4; (7/'03) 3; (5/'99) 7  
 cancer: Vit K cut metastases and doubled survival (7/'05) 7; (11/'04) 7  
 cancer-bladder (11/'99) 4; (4/'11) 4  
 cancer – brain (6/'11) 5  
 cancer-breast (8/'05) 4; (11/'04) 3; (9/'04) 1; (11/'03) 2; (6/'02) 3, 4; (1/'02) 4; (7/'01) 4; (4/'01) 2, 4; (5/'00) 4; (10/'99) 6; (7/'99) 7; (6/'11) 7; (9/'11) 1  
 cancer-breast: dairy products increase risk (6/'04) 5  
 cancer-breast:chemo drugs for (3/'07) 7  
 cancer – breast: melatonin helps (7/'07) 4  
 cancer-breast: in men (9/'04) 2  
 cancer-breast: protection (5/'02) 4; (12/'99) 4; (6/'99) 4; (5/'06) 5  
 cancer-breast: special newsletter (12/'96, Misc.  
 cancer-cervical (4/'03) 3; (5/'00) 4  
 cancer-childhood (6/'05) 1, 4; (5/'03) 3; (2/'03) 4; (3/'02) 6; (2/'11) 1; (6/'11) 5  
 cancer-early (11/'99) 4  
 cancer-end stage (9/'03) 8  
 cancer-esophagus (10/'03) 3

cancer-gall bladder (8/'06) 6  
 cancer-intestinal (4/'01) 1  
 cancer-liver (5/'02) 5  
 cancer-lung (7/'05) 1; (8/'02) 1; (11/'99) 4  
 cancer-lung: nutrients increase survival rate (3/'04) 7; (8/'03) 7  
 cancer-lung: omega-3 fatty acids helps (5/'04) 2  
 cancer-lung: reversing it in the early stages (12/'03) 4; (4/'03) 4  
 cancer-ovarian (4/'05) 3; (4/'01) 2, 4  
 cancer-pancreatic (3/'05) 4; (4/'01) 4; (12/'00) 1  
 cancer-prostate (8/'05) 5; (7/'05) 2; (7/'04) 5; (2/'04) 5; (12/'03) 2; (7/'03) 7; (3/'03) 5; (9/'02) 4; (7/'02) 4; (5/'02) 6; \*(1/'02) 6; (7/'01) 4, 6; (4/'01) 2, 4; (12/'00) 2; (12/'99) 4; (5/'06) 5; (2/'06) 1; (3/'07) 5; (4/'08) 7; (3/'08) 5; (2/'08) 4; (1/'08) 4; (12/'08) 5,6,7; (5/'11) 3  
 cancer-prostate: all material on breast cancer is relevant (9/'04) 1  
 cancer-prostate: dairy products increase risk (6/'04) 5  
 cancer – prostate: Lipitor (2/'10) 1  
 cancer-prostate: selenium preventative (4/'05) 3; (6/'05) 7  
 cancer-stomach (10/'03) 3; (4/'99) 2  
 cancer-stomach: cured with antibiotic (10/'04) 1

cancer surgery: dangers of (1/06) 2  
 cancer-testicular (10/03) 5  
 cancer-uterine (7/01) 7; (4/01) 2  
 Candida vaginitis (9/03) 6  
 Candida (7/05) 1; (4/04) 6; (2/04) 2, 4; (1/04) 3; (12/03) 4, 7; (10/03) 4; (3/03) 4; (1/03) 1; (10/02) 4, 7; (5/02) 4; (2/02) 2; (5/00) 6; (1/00) 5; (10/99) 8; (9/99) 4; (8/99) 2; \*(3/99) 3; (5/06) 6; (10/07) 4, (11/08) 3; (5/10) 3; (7/10) 2; (8/11) 5; (12/11) 5

Candida: dietary helps (1/97) Misc.  
 Candida: treatment with bile acids (4/05) 4  
 canola oil (8/02) 5  
 canola oil: develops trans fatty acids (5/03) 4; (4/10) 5  
 canola oil: one that's recommended (10/04) 1  
 Captomer (12/04) 8; (4/04) 7  
 carbonated drinks: (see "soda" and "Coke")  
 Cardarone (9/03) 3  
 cardiac arrhythmia (3/05) 5, 6; (4/04) 6; (1/04) 3; (12/03) 4; (1/02) 4; (7/01) 5; (12/00) 4; (11/99) 7; (6/99) 6; (2/99) 4; (4/10) 4; (10/10) 7; (11/10) 1; (4/11) 2; (9/11) 6  
 Cardio ION Panel (8/05) 5, 6; (7/05) 5; (3/05) 3; (1/05) 7; (11/04) 3; (7/04) 3, 6; (5/04) 2;

(12/03) 7; (1/11) 3; (6/11) 1; (9/11) 4  
 Cardion: interpreting (7/06) 7; (3/08) 7; (8/11) 7  
 Cardion: test instructions (8/06) 7  
 cardiologist: testing yours (2/03) 2  
 cardiomyopathy (5/00) 5; (11/99) 7; (5/99) 2  
 Cardiovascular Profile (7/03) 2; (11/02) 3  
 Cardiovascular Risk Panel (7/05) 5; (11/04) 2; (8/04) 5; (3/03) 6  
 Cardizem LA (10/03) 8  
 Carlson (supplier) (11/04) 8  
 carlson.com (6/05) 8  
 Carlson's Fish Oil (6/03) 2; (2/03) 7; (7/07) 6; (8/08) 3,4  
 carlsonlabs.com (7/05) 8  
 Caro-Plete (4/05) 1; (5/04) 4; (1/03) 3  
 Carpal tunnel syndrome (4/08) 3  
 carpet stains (9/99) 4  
 carpets: toxins, lung cancer in carpet installers, etc. (5/03) 2  
 carrot juicing (3/04) 5; (1/04) 7; (12/03) 6; (11/03) 4; (4/03) 7; (3/03) 6; (4/01) 6; (1/00) 2; (7/99) 1  
 cartilage: healing with Lumen (LED)(1/05) 2  
 castor oil (10/04) 5  
 Cat's Claw (5/04) 7  
*Catalog of Environmentally Safe Household Products* (free) (10/99) 1

Cataracts (7/05) 3; (7/01) 3; (9/06) 1  
 cataracts: how to reverse (12/04) 3  
 Celebrex (Rx) see also "NSAIDs" (7/04) 4; (9/03) 7; (12/02) 6; (1/08) 6  
 Celebrex: can cause the bladder to stop working (7/03) 1  
 Celery: benefits of (3/11) 5  
 Celexa (8/03) 2  
 Celiac Disease (6/04) 7; (1/04) 1; (10/03) 6; (7/07) 1; (2/08) 4; (8/08) 5,6;  
 Cell Forte' with IP6 (6/99) 4  
 cell membrane: degeneration "leads to every symptom & disease" (3/05) 6; (7/99) 5; (6/99) 4  
 ceramic magnets (for healing) (12/00) 4  
 cervical pathology (also cervical dysplasia) (7/99) 2  
 cesium (4/01) 6  
 charcoal mask (5/05) 8  
 Chelated Manganese (6/05) 6  
 chelation (10/03) 4; (10/10) 7  
 chelation: IV route unhealthy (10/10) 7  
 Chemet (8/99) 6  
 chemical sensitivity (1/03) 1, 7; (10/02) 5; (4/02) 7; (5/00) 3; (1/00) 8; (12/99) 4; (11/99) 7; (10/99) 2, 3; (9/99) 2, 4; (6/99) 5; (5/99) 3

chemotherapy& radiation  
 (7/05) 3; (4/05) 3;  
 (8/04) 2; (7/04) 1, 3;  
 (5/04) 6; (4/04) 1, 4;  
 (3/04) 7; (11/03) 2, 5;  
 (10/03) 4; (9/03) 6;  
 (8/03) 1; (6/03) 3;  
 (4/03) 3; (11/02) 4;  
 (8/02) 7; (7/02) 5;  
 (5/02) 5; (3/02) 7;  
 (2/02) 3; (12/99) 4;  
 (11/99) 4, 7; (8/99) 1;  
 (12/11) 6

chemotherapy& radiation:  
 a list of side effects &  
 what prevents (11/99)  
 4; \*(5/99) 6

Chewable Tylenol for Kids  
 (see also  
 "acetaminophen")  
 (12/99) 5

chicken (1/02) 7

children: before conceiving  
 (5/06) 7; (4/08) 1

children and cancer: see  
 "cancer: childhood"

children: ADD, irritability,  
 depression, growth-  
 diagnosis & tx...  
 (12/04) 6

children: adopted children  
 & particular health  
 problems (2/03) 3

children: behavioral and  
 learning problems (see  
 also learning p.) (6/04)  
 1; (5/04) 3; (1/04) 5

children: lower life  
 expectancy (8/06) 1

children: improving IQ  
 (7/05) 3; (2/99) 6

children: prevention of  
 allergy development  
 (10/04) 4; (9/11) 4

children's health (8/05) 2,  
 3; \*(7/05) 1; (4/05) 2;

(6/04) 1; (4/04) 2, 6;  
 (12/03) 3, 4; (11/03) 6;  
 (10/03) 1; (9/03) 1;  
 (8/03) 1, 4; (7/03) 4;  
 (5/03) 3; (4/03) 5;  
 (3/03) 7; (2/03) 3;  
 (1/03) 1, 3, 4, 5;  
 (12/02) 5; (10/02) 5, 7;  
 (9/02) 4, 6, 7; (7/02) 7;  
 (3/02) 3, 6; (1/02) 3, 5;  
 (4/01) 5; (5/00) 3, 5;  
 (7/99) 6; (2/99) 6;  
 (11/07) 4; (11/08) 3;  
 (12/08) 3,4; (10/08)  
 1,3,4,5; (8/10) 4;  
 (9/10) 1,4; (9/11) 4, 7;  
 (10/11) 6; (11/11) 4;  
 (12/11) 1

children's health: omega-3  
 oils jumpstart IQ &  
 more (6/03) 3; (2/99) 6

chips (potato chips,  
 Doritos, Ruffles, etc.)  
 (11/99) 1

Chlamydia pneumoniae  
 (6/99) 5

Chlamydia (10/03) 3;  
 (11/02) 3

Chlorophyll (1/07) 5

chlorpromazine (Rx)(1/00)  
 5

Cholest 6/02) 7

cholesterol (see also "high  
 cholesterol") (10/99) 7;  
 (11/06) 3; (10/07) 2;  
 (11/08) 1,2; (12/08)  
 1,2; (8/08) 4; (7/10)  
 5,6; (11/10) 3

cholesterol drugs (11/04)  
 1; (11/06) 7; (10/06) 1;  
 (3/06) 7; (11/07)4;  
 (7/07) 3; (5/08) 1;  
 (11/08) 1,2 (12/08) 1,2;  
 (10/11) 1;

cholesterol: HDL (4/07) 4

Chromium cruciferate  
 (2/99) 3

Chromium Picolinate  
 (8/04) 6; (2/07) 4

Chronic Fatigue Syndrome  
 (6/05) 5; (4/04) 6;  
 (6/03) 4; (1/03) 1, 7;  
 (11/02) 4; (10/02) 5;  
 (7/02) 6; (4/02) 7;  
 (7/01) 4; (4/01) 3;  
 (5/00) 3; (10/99) 2;  
 (6/99) 5

Chronic Heart Failure  
 (CHF) (3/04) 1

chronic illness (12/02) 1

chronic pain: see "pain-  
 chronic"

cigarettes (2/99) 3

Cipro (2/02) 4

Cirrhosis (5/05) 6;  
 (12/99) 4

Cisplatin (Rx) (8/04) 1

Claritin (Rx) (5/03) 1

Clarus.com: (supplier for  
 Qlink) (1/04) 8

Claudication (3/05) 7;  
 (9/03) 6; (7/02) 6

Clostridium Difficile

Clozapine (Clozaril) (Rx)  
 (9/02) 1

C-Med-100 (5/04) 7

coaguability (leading to  
 blood clots & heart  
 attacks) (4/04) 5

coconut oil (10/03) 3

cod liver oil (8/05) 6;  
 (7/05) 5; (3/05) 3, 4;  
 (7/04) 5; (5/04) 6;  
 (2/04) 4; (8/03) 5;  
 (7/03) 7; (6/03) 2;  
 (2/03) 7; (8/02) 4;  
 (7/02) 7; (4/01) 6;  
 (10/99) 3; (7/99) 1, 6;  
 (6/99) 7; (2/99) 4;  
 (11/06) 6; (5/10) 4;  
 (9/11) 1;

Coenzyme Q10 (7/'05) 7;  
 (8/'03) 5; (1/'00) 6;  
 (11/'99) 7; (7/'06) 1  
 coffee enemas (4/'05) 5;  
 (3/'04) 6  
 coffee (7/'01) 3  
 Cogimaz (12/'04) 7  
 Coke (cola): leaches  
 calcium from bones, etc.  
 (3/'03) 4  
 cold pasteurization (2/'03)  
 5  
 cold sores (6/'02) 1; (3/'99)  
 6  
 colitis (11/'02) 6; (10/'02)  
 4; (7/'02) 7; (4/'01) 5;  
 (9/'99) 8; (3/'99) 3;  
 (1/'08) 7; (9/'08) 6,7  
 colitis: antibiotics cause  
 (3/'06) 1  
 colon cleanse (8/'04) 7;  
 (1/'00) 2  
 colonoscopy (9/'03) 4  
 Colostrum 80/40 (10/'04)  
 2; (7/'03) 7  
 Colostrums (1/'00) 6  
*Colostrum, Nature's Gift to  
 the Immune System*, by  
 Beth Ley (7/'03) 7  
 Comprehensive Detox  
 Panel (CDP)(10/'99) 5  
 Comprehensive Stool  
 Analysis (7/'05) 6;  
 (4/'05) 3; (12/'11) 1  
 Comprehensive Stool  
 Analysis/Parasitology  
 x2 (7/'05) 6; (6/'04) 6  
 Comprehensive Stool  
 Study with Purged  
 Parasites X2 (7/'05) 6;  
 (12/'04) 6  
 Computers (9/'99) 2;  
 (4/'99) 1  
 concentration-improving  
 (12/'00) 6; (1/'00) 4

conditions that defy cures  
 (6/'99) 5  
 cone biopsy (7/'99) 2  
 Congestive Heart Failure  
 (CHF) (3/'05) 3, 6;  
 (1/'04) 3; (10/'03) 2;  
 (9/'03) 4; (7/'01) 5, 6;  
 (5/'00) 5; (11/'99) 7;  
 (5/'99) 1; (5/'06) 4;  
 (11/'08) 3,4,5; (2/'10) 3  
 Constipation (8/'05) 4;  
 (7/'05) 6; (12/'02) 1  
 contact lens solutions  
 (11/'99) 1  
 convulsions (9/'02) 7  
 Cook, Dr. Douglas DDS  
 (6/'11) 5  
 copper: deficiency (9/'10) 3  
 copper: repairing  
 deficiency can cure  
 Congestive Heart  
 Failure (2/'10) 3  
 copy machines: cause  
 health problems (6/'04)  
 4  
 Coral Calcium Powder  
 (4/'01) 6  
 coronary artery disease  
 (5/'04) 5; (7/'01) 5;  
 (4/'01) 4; (6/'11) 7  
 coronary calcifications:  
 reversing (see also  
 "arteriosclerosis")  
 (11/'04) 6; (4/'06) 1;  
 (5/'07) 2; 4/'07) 2  
 coronavirus (10/'03) 3  
 cortisol levels (3/'04) 5  
 cortisone injections (2/'11)  
 7  
 cosmetics: non-toxic  
 (4/'06) 7; (3/'06) 7;  
 (1/'06) 7  
 cough-chronic (10/'02) 4  
 Coumadin (Rx)\*(7/'05) 7;  
 (5/'05) 5

cravings: see "food  
 cravings" or "sugar  
 cravings"  
 Crestor (Rx) (8/'05) 6  
 Crohn's disease (12/'03) 7;  
 (7/'03) 7; (7/'02) 6  
 CRP (C-reactive protein)  
 (7/'03) 2; (3/'03)  
 6;(11/'06) 3; (2/'07) 6  
 Cryosurgery (7/'99) 2  
 cookbook: *The Cure Is In  
 the Kitchen* (7/'99) 7  
 CT scan: dangers of (4/'11)  
 5  
 Cutting Edge, The (supplier  
 of face masks & other  
 products) (11/'03) 8;  
 (2/'99) 1  
 Cystic Fibrosis (1/'04) 3  
 Cystitis (6/'02) 5; (9/'99) 8  
 cytomegalovirus (10/'03) 3  
 D. A. #34 (digestive aid)  
 (6/'03) 2, 5  
 Daily Detox Drink (11/'08)  
 6  
 D.O.C. s (supplier) (12/'02)  
 8  
*Deadly Medicine* by  
 Thomas Moore (5/'05)  
 4; (2/'02) 1  
 Deafness (3/'04) 2;  
 (11/'08) 6; (12/'08) 4;  
 Deanol (dimethyl  
 Aminoethanol)  
 (alternative to Ritalin)  
 (7/'99) 6  
 DEET (insecticide) (9/'04)  
 4  
 defibrillators-implanted  
 (3/'05) 5; (1/'00) 1  
 dementia (see also  
 "Alzheimer's Disease")  
 (2/'04) 7  
 dental & periodontal  
 tissues: healing with  
 Lumen (LED) (1/'05) 2

dental acrylic materials  
 (composites, white fillings)(8/05) 4  
*Dental Caries As a Cause of Nervous Disorders*  
 (5/00) 4  
 dental plaque reduction  
 (2/99) 1  
 dental work (crowns, root canals, fillings, etc)  
 (5/00) 1; (8/99) 5,  
 (11/08) 3  
 dentists & silver amalgams  
 (6/04) 7  
 deodorant: contributes to  
 breast cancer (9/04) 1  
 depression (7/05) 3;  
 (6/05) 4; (4/04) 6;  
 (1/04) 3; (12/03) 7;  
 (11/03) 5; (10/03) 6;  
 (8/03) 2; (7/03) 2, 7;  
 (3/03) 2, 4; (2/03) 7;  
 (10/02) 5, 6, 7; (9/02)  
 1, 7; (5/02) 1, 4, 5;  
 (4/02) 4; (3/02) 1, 6;  
 (2/02) 3; (1/02) 4;  
 (7/01) 4; (4/01) 3, 5;  
 (12/00) 6; (5/00) 3;  
 (1/00) 3, 6; (10/99) 3;  
 (9/99) 2, 7; (6/99) 5;  
 (3/99) 5; (2/99) 6;  
 (8/06) 3; (4/06) 1;  
 (9/08) 4,5; (8/11) 5  
 depression: iodine may  
 help (11/04) 6  
 depression: use of Vit D  
 (3/05) 3  
 dermal adhesives (such as  
 found in patches) (8/05)  
 4  
 detached retinas (2/99) 6  
 Detoxamin (7/10) 2  
 Detox Capability Test  
 (2/02) 4  
 Detox Cocktail (8/05) 4;  
 (8/04) 2; (6/04) 3;

(4/04) 6; (2/04) 2, 4;  
 (1/04) 7; (9/03) 1;  
 (6/03) 3, 6; (5/03) 6;  
 (12/02) 6; (5/02) 4;  
 (3/02) 3; (1/02) 6;  
 (4/01) 1; (10/99) 6;  
 (9/99) 6; (8/99) 2, 3, 5;  
 (6/99) 6; \*(3/99) 6;  
 (5/06) 3; (7/10) 2;  
 (9/11) 5  
 Detox Cocktail, Mercury  
 (7/01) 3; (5/00) 5  
 Detox Cocktail: modified  
 & packaged (ready to  
 use) (1/04) 7  
 Detox Cocktail:  
 recommended  
 addition(s) (6/03) 3;  
 (9/11) 5  
  
 Detox Cocktail: simplified  
 (5/03) 6  
 detox deficiencies (5/00) 6  
 detox enema (5/00) 5;  
 (1/00) 2; (10/99) 7;  
 \*(9/99) 5; (4/10) 4  
 Detoxification Factors  
 (8/99) 6  
 Detoxification (8/05) 2;  
 (9/03) 1; (9/02) 4;  
 (6/02) 3; (5/02) 4;  
 (4/02) 7; (3/02) 7;  
 (7/01) 2; (1/00) 6;  
 (12/99) 7; (11/99) 7;  
 (10/99) 5; (9/99) 2, 4;  
 (8/99) 5; (6/99) 4;  
 (5/99) 4; (8/10) 1  
 detoxification: the body's  
 detoxification system  
 (6/03) 5; (5/03) 5;  
 (4/03) 7  
 detox: colors come through  
 skin (5/08) 3  
 DGL (deglycyrrhized  
 licorice) (3/99) 5

DHA & EPA (7/02) 7;  
 (3/02) 4; (1/02) 3;  
 (6/99) 4; (2/99) 4, 6;  
 (9/08) 3,4; (1/11) 3;  
 (3/11) 4; (11/11) 2;  
 DHEA (12/04) 8; (8/10) 3  
 Diabetes (6/05) 6; (1/05)  
 2; (3/05) 3; (3/04) 2;  
 \*(2/04) 4; (1/04) 3;  
 (10/03) 5; (9/03) 4;  
 (6/03) 4; (3/03) 2;  
 (12/02) 4; (11/02) 7;  
 (7/02) 7; (4/02) 7;  
 (7/01) 2; (7/01) 2;  
 (1/00) 5; (12/99) 4;  
 (11/99) 7; (10/99) 4;  
 (6/99) 4; (2/99) 6;  
 (2/06) 3; (12/07) 5;  
 (3/07) 3; (5/08) 4,5;  
 (6/08) 1,5,6; (9/08)  
 1,2; (1/10) 3; (5/10) 2;  
 (9/10) 5; (3/11) 6  
 (5/11) 5, 7; (6/11) 3;  
 (8/11) 5; (10/11) 1;  
 (12/11) 3  
 diabetes: chromium may  
 be needed (8/04) 6  
 diabetes-juvenile (1/00) 5  
 Diagnostic Outpatient  
 Center (Clearwater,  
 FL) (11/04)  
 diarrhea (see also  
 "traveler's diarrhea")  
 (7/05) 3, 6; (12/02) 1;  
 (9/02) 7; (8/99) 4;  
 (8/06) 4  
 diesel fume toxicity  
 (6/05)6; (11/11) 6;  
 diet (what we eat) (7/03)  
 5; (6/03) 4; (1/03) 7;  
 (11/02) 4  
 diet: improper diet causes  
 95% of all disease  
 (1/05) 7

diet: vegetarian versus meat-the body's needs (2/'99) 1

diet: what to eat to heal & protect (7/'05) 6; (6/'02) 3; (4/'01) 3; (1/'00) 2, 6, 7; (12/'99) 3; \*(11/'99) 2

dietary fiber (3/'99) 2

dieting (5/'99) 5

diet-live food diet (7/'03) 5; (8/'99) 4; (2/'99) 2

diet-macrobiotic: see "macrobiotic diet"

diet-rare food diet (5/'02) 7; (2/'99) 3

diet-whole foods diet (7/'05) 6; (8/'02) 7; (1/'02) 7; (4/'01) 5

diet-yeast-free: see "yeast-free diet"

Digest LPC (10/'99) 7

digestion problems (7/'05) 4; (4/'05) 4; (1/'97) Misc.; (12/'02) 1; (10/'02) 5; (2/'02) 3

digestive aids (7/'01) 2

Digoxin (Rx) (5/'05) 3

Dioxychlor (supplement for Candida) (10/'99) 8

disease: how it comes about (7/'99) 5

diuretics (12/'99) 2; (12/'11) 4

dizziness (9/'03) 5; (9/'02) 7; (12/'00) 6

DMAE (5/'04) 3

DMSA (1/'06) 7

DMSO (6/'06) 5

D-Mannose Plus (3/'04) 4

D-Mannose (8/'05) 2; (6/'02) 5

DNZ & DNZ-2 (supplement) (7/'04) 5; (5/'04) 3; (12/'00) 6; (7/'99) 7

doctor education (8/'02) 1; (7/'01) 4

doctor's appointments: being your own advocate (3/'02) 5

Doctor's Data (supplier) (7/'04) 8

Doctor's Data Comprehensive Stool Analysis... (7/'04) 6; (6/'04) 6

doctors: educating (3/'03) 1; (12/'02) 2

doctors: finding ones who are conversant with env. Medicine (7/'99) 4

doctorsdata.com (4/'05) 8

Doppler-ultrasound (3/'05) 7

Down's Syndrome (8/'02) 4

*Dr. Dean Ornish's Program for Reversing Heart Disease* (8/'99) 7

Dr. Ohhira's Probiotic 12 Plus (7/'05) 6

Dr. Roger's radio show (8/'05) 7; (9/'04) 7

Dr. Rogers: tapes of lectures (9/'02) 8; (1/'02) 8

D-Ribose(8/'05) 6; (1/'11) 4

drinking water: perchlorate pollution (8/'03) 1

Drucker Lab (supplier) (8/'05) 8

druckerlabs.com (supplier) (9/'04) 8

drug addiction: stopping (8/'05) 1; (4/'08) 2

drug interactions (see also "prescription drugs") (10/'03) 1; (10/'99) 2

drug reactions (see also "prescription drugs") (1/'04) 2; (7/'03) 1

drug withdrawal (or stopping) (4/'02) 4

dry eyes(3/'02) 1

Dupuytren's contracture: iodine helps (11/'04) 6

Dyslexia (5/'04) 2; (2/'99) 6

dysplastic cells (7/'99) 2

DVT (deep vein thrombosis) (10/'08) 6,7

E Gems Elite (7/'05) 7; (6/'05) 7; (5/'05) 3; (3/'05) 6; (9/'04) 5; (7/'04) 5; (1/'04) 4; (8/'03) 5; (7/'03) 3; (6/'03) 2; (2/'03) 4; (1/'03) 3; (10/'99) 3; (9/'11) 1;

ear infections (2/'04) 1; (1/'06) 6

Ecologic Formulas (7/'01) 8

Eczema (9/'03) 1; (4/'01) 5; (9/'99) 8

Efamol's Evening Primrose Oil (7/'99) 6

Effexor (Rx) (10/'02) 7

electromagnetic fields (see also "meridians" and "interference f.") (1/'04) 5; (9/'02) 5; (6/'02) 4; (7/'06) 6

electronics & appliances (9/'99) 3

emergency drug box (3/'11) 1; (4/'11) 2

Emerson Ecologics (supplier) (7/'99) 8

emotions and their place in healing (5/'04) 8; (12/'02) 7; (4/'99) 8; 912/'08) 1; (6/'11) 4

emphysema (11/'06) 2

Enbrel (Rx) (3/'05) 4;  
 (1/'04) 5; (5/'03) 5;  
 (12/'99) 5  
 ending treatment decisions:  
 allowing someone to die  
 (9/'03) 5  
 endometriosis (6/'02) 4;  
 (7/'01) 6; (4/'01) 2, 4;  
 (4/'11) 6  
 enemas (8/'02) 7  
 energizing the body (5/'03)  
 5; (3/'03) 5  
 energy: low (6/'11) 5  
 Environmental Endocrine  
 Disrupters (EED)  
 (4/'01) 2; (2/'10) 6;  
 (8/'11) 2  
 environmental toxicity: see  
 "toxicity-  
 environmental"  
 Enzymatic Therapy  
 (supplier) (4/'01) 6  
 enzymes (8/'11) 4  
 Epilepsy (9/'02) 7; (5/'02)  
 5; (1/'00) 6  
 epileptic seizures (1/'04) 3  
 erectile dysfunction (5/'06)  
 4; (6/'07) 4  
 Eskimo-3 (7/'99) 6; (2/'99)  
 4  
 Esophagitis (12/'03) 7  
 essential fats (see also  
 "fatty acids") (2/'99) 6  
 Essential Formulas  
 (nutrients) (10/'02) 7  
 estrogen: see "Hormone  
 Replacement Therapy"  
 Estronex Test (9/'04) 2;  
 (3/'03) 5; (11/'02) 6;  
 (6/'02) 3; (5/'10) 4  
 euthanasia (12/'03) 6;  
 (6/'11) 1  
 Evista (Rx) (7/'02) 1;  
 (5/'02) 6  
 Evoclin (Rx) (8/'05) 3  
 exercise (6/'05) 7; (6/'99) 7

Extreme Health (supplier)  
 (4/'03) 8  
 eyes:supplements for  
 (5/'06) 6; (8/'07) 1;  
 (3/'11) 7  
 eye diseases (7/'05) 5;  
 (1/'04) 3; (2/'99) 6;  
 (12/'11) 2  
 eye: dryness (8/'10) 6  
 eye muscle spasms (7/'99)  
 7  
 eye twitches (5/'02) 1  
 FAR Infrared Cooker  
 (11/'02) 5  
 FAR Infrared Sauna (8/'05)  
 4; (7/'05) 6; (1/'05) 1, 7;  
 (4/'05) 5; (11/'04) 4, 5;  
 (10/'04) 5; (9/'04) 3, 7;  
 (8/'04) 1; (6/'04) 1;  
 (4/'04) 7; (3/'04) 4;  
 (11/'03) 3, 5; (10/'03) 5;  
 (3/'02) 4; (5/'00) 6;  
 (5/'06) 6; (11/'11) 6  
 FAR Infrared Sauna: is it  
 safe for heart patients?  
 (10/'03) 7  
 FAR Infrared Sauna: the  
 need for trace minerals  
 & water (9/'04) 7;  
 (12/'02) 7  
 FAR Infrared Sauna: what  
 to do when having  
 trouble adjusting (3/'04)  
 4  
 farmed fish: see "fish-  
 farmed"  
 fast food salads (7/'03) 6  
 fast foods: how chicken  
 nuggets are made  
 (4/'04) 3  
 fasting (1/'00) 2  
 fat-free processed foods  
 (6/'99) 4; (11/'11) 7  
 fatigue& exhaustion (also  
 "increasing energy")

(8/'05) 4; (3/'04) 2;  
 (6/'03) 4; (5/'02) 1, 5;  
 (7/'01) 2; (4/'01) 5;  
 (5/'00) 3; (1/'00) 6;  
 (11/'99) 7; (10/'99) 3;  
 (9/'99) 2; (7/'99) 7;  
 (2/'99) 6; (8/'10) 3  
 fatigue: helped by iodine  
 (11/'04) 6  
 fatty acid deficiency (9/'03)  
 4; (7/'99) 4; (2/'99) 4, 6  
 Fatty Acid Panel (5/'05) 6;  
 (2/'99) 4  
 Fatty Acid Test (7/'99) 6;  
 (2/'99) 4  
 fatty acids (see also "cell  
 membranes")(7/'03) 7;  
 (6/'03) 2  
 FDA, The (11/'03) 4  
 fetal death (12/'03) 3  
 fever: necessary to fight  
 infection (8/'04) 4  
 fiber(3/'02) 4  
 fibrinogen: elevated  
 (10/'06) 6; (7/'07) 7;  
 (8/'11) 3  
 Fibrocystic Breast Disease  
 (11/'04) 5; (4/'06) 7  
 Fibromyalgia (1/'05) 4;  
 (4/'04) 6; (1/'04) 6;  
 (1/'03) 1, 7; (11/'02) 4;  
 (10/'02) 5; (7/'01) 4;  
 (5/'00) 3; (3/'99) 3;  
 (10/'10) 5  
 Fibrosarcomas (8/'03) 6  
 Fiedler(supplier) (12/'00) 8  
 firefighting chemicals  
 (2/'04) 3  
 fish oil: see "Carlson's Fish  
 Oil"  
 fish: have high levels of  
 mercury, PCBs, dioxins,  
 etc .(8/'02) 2  
 fish: mercury toxicity  
 (4/'05) 5; (4/'04) 6

fish: recommended (7/03) 5  
 fish-farmed fish have high mercury levels, carcinogens, etc. (6/04) 2; (5/03) 1; (1/03) 4  
 fish-lake: have Prozac, PCB's, etc. (6/04) 4; (1/03) 4  
 flame retardants (see also "PBDE" and "PCBs") (11/03) 7; (9/99) 3  
 flax seeds (9/03) 4  
 Flecainide (5/05) 4  
 flies: solutions (7/99) 8  
 Flora Source (1/00) 2  
 fluoride (8/06) 2  
 flu ("the flu") (7/05) 2; (4/05) 2; (2/04) 1; (9/03) 2; (1/03) 1; (12/02) 1; (2/01) 1; (12/00) 7; (2/11) 2  
 flu vaccine (12/02) 1; (12/00) 7; (11/10) 5  
 Folic acid (8/02) 4; (1/00) 3  
 folic acid (11/03) 5; (8/03) 4; (4/03) 5; (8/02) 1, 4; (1/00) 3; (7/99) 2; (6/07) 5  
 Folixor (12/04) 6; (7/04) 5; (12/03) 5  
 food addictions (2/99) 3  
 food allergies: see "allergies-food"  
 food borne illnesses (7/03) 6; (2/03) 5; (1/03) 6; (5/08) 7  
 food cravings (8/05) 2; (8/02) 3; (5/02) 1, 7; (2/99) 3  
 food irradiation (2/03) 5  
 food poisoning (7/03) 6; (11/02) 2; (5/08) 7  
 food: harmful chemicals are present in virtually all types (3/03) 7

Fosamax/Actonil (Rx) (5/04) 5; (9/03) 4; (7/02) 1; (5/02) 6  
 Foust Car Air Purifier (8/05) 3  
 Foust Company, E. L. (supplier) (3/05) 8  
 fractures: aids to healing (1/05) 2, 4; (7/03) 5; (3/03) 3  
 fractures: heavy metals impede healing of bones (5/04) 6  
 free radicals (7/05) 1, 4; (7/01) 3; (1/00) 6; (10/99) 5; (6/99) 5, 6  
 fructose (fruits) (12/99) 3  
 fruits & vegetables: washing before preparation (10/99) 4  
 functionalmedicine.org (supplier) (4/02) 8  
 fungus problems (5/02) 1; (3/99) 4  
 GalantaMind (7/04) 5; (2/04) 7  
 gallbladder disease (10/99) 6  
 gallbladder flush (4/05) 4; (10/99) 6  
 gallbladder problems (4/05) 4; (1/04) 4; (2/03) 4; (1/03) 7; (11/10) 4  
 gallstones (1/03) 7  
 Garlinase or Garlitrin 4000 (3/99) 4  
 Gary Gordon's Oral Chelation Program (4/04) 7  
 gastritis (3/99) 5  
 gastrointestinal disease (4/01) 1  
 Gastro-Relief (3/99) 6  
 gene therapy (11/03) 4

Generalized Anxiety Disorder (5/02) 4  
 genetic damage (8/05) 6; (1/00) 4; (10/99) 4; (9/99) 3  
 genetic disease (12/02) 3  
 genetics & disease (1/05) 7; (9/03) 6; (6/03) 3; (4/03) 3; (4/10) 7  
 GERD (gastroesophageal reflux disease) (12/03) 7; (10/03) 3; (1/07) 1; (12/11) 1  
 Giardia lamblia (10/03) 4  
 ginger root: benefits (6/04) 5  
 gingivitis: treatment with baking soda & peroxide (5/04) 7  
 glaucoma (10/02) 3  
 glaucoma: helped with getting rid of H. pylori (10/02)  
 glucosamine sulfate (6/04) 7; (6/99) 7  
 glutamate (7/05) 2  
 glutamic acid (7/05) 2  
 glutamine\* (5/02) 7  
 glutathione (7/05) 2; (8/04) 1; (12/00) 7; (10/99) 5; (2/99) 1  
 glutathione:liposomal (9/06) 3  
 GlutImmune (7/05) 3  
 Glycine (8/05) 2; (5/02) 4; (1/00) 6; (8/05) 2; (1/05) 8; (9/07) 1; (2/08) 1  
 grapefruit: and supplements (9/06) 7  
 grapefruit juice (8/99) 6  
 grapefruit seed extract (3/99) 4  
 Grave's Disease (11/04) 6; (2/99) 3

Great Smokies Lab (10/99) 8  
green tea (7/03) 4;  
(12/02) 5; (5/99) 4;  
(3/99) 8; (12/06) 7;  
(5/07) 7; (1/10) 7  
greens (3/99) 8  
Ground Zero Syndrome:  
see "September 11"  
Gulf War veterans &  
disease (11/03) 7;  
(5/03) 6; (5/99) 5  
gynecologist: questions for  
(4/03) 1  
*H Factor Solution, The:*  
homocysteine (11/04) 2  
H. pylori (10/04) 1;  
(12/03) 4; (10/03) 3;  
(9/03) 7; (8/03) 3;  
(7/03) 4; (12/02) 5;  
(11/02) 1; (10/02) 3;  
(9/02) 3; (8/02) 3;  
(6/02) 6; (4/02) 4;  
(2/02) 2; (12/00) 3;  
\*(4/99) 1; (12/11) 1  
heartburn drugs (Nexium,  
Pepcid, Tagamet, Axid,  
Zantac) (8/05) 7;  
(4/99) 1; (3/99) 5  
hair loss (8/05) 4; (11/04)  
6; (2/03) 6; (5/02) 5;  
(3/02) 1  
hair: prematurely gray  
(9/06) 7  
hand-eye coordination  
(6/05) 4  
Harmony (supplier) (7/99)  
1  
Hashimoto's disease:  
iodine helps (11/04) 6;  
(8/11) 2  
head injury (7/05) 3  
headaches (9/03) 1; (9/02)  
7; (2/02) 3; (12/00) 6  
headaches: "Top Ten  
Causes" (2/04) 4

healing the gut (12/03) 4;  
(10/04) 2; (6/03) 5;  
(3/02) 7; (3/99) 6  
healing: if it's stuck on a  
certain level (7/99) 4  
healthcare rationing  
(12/03) 7  
Healthy Intestinal Ecology  
(colon cleanse) (8/04) 7  
hearing loss- sudden  
(6/04) 4; (11/08) 6  
hearing loss (6/03) 3;  
(12/08) 4;  
hearing problems (6/05) 6  
heart arrhythmias: (see  
"cardiac arrhythmias")  
heart attack (3/04) 3;  
(1/04) 4; (12/03) 4;  
(11/02) 3; (6/99) 4, 5;  
(10/08) 4; (12/08)  
1,2,3; (3/11) 1; (3/11)  
7; (5/11) 1; (6/11) 2;  
(8/11) 4  
heart attack: emergency  
medicines for (8/07) 1;  
(1/11) 1,4; (3/11) 1  
heart attack: air pollution  
connection (5/05) 1  
heart attack: healing from  
(1/05) 2; (3/05) 4;  
(1/03) 2; (11/99) 7;  
(10/99) 2; (2/99) 4;  
(5/07) 5; (5/11) 1;  
(6/11) 2  
heart attack: importance of  
nitric oxide (8/04) 5  
heart attack: prevention  
(7/05) 5; (5/05) 3;  
(1/04) 5; (7/03) 7;  
(12/02) 3; \*(11/02) 5;  
(4/02) 7; (1/02) 3;  
(7/01) 3; (7/01) 4;  
(1/00) 4; (1/11) 1;  
(9/11) 5

heart attack: the role of  
magnesium deficiency  
(8/03) 5; (1/11) 1  
heart attack-sudden (5/02)  
1; (12/99) 3; (10/07) 1;  
(12/08) 1,2,3;  
heart disease cookbook:  
*Cooking With Dr. Dean  
Ornish* (8/99) 7  
heart disease (8/05) 6;  
(1/05) 7, (1/04) 3;  
(7/03) 2; (3/03)  
(12/02) 3; (11/02) 2;  
(9/02) 1, 2; (8/02) 1;  
(7/02) 7; (4/02) 7;  
(1/02) 4; (7/01) 3;  
(1/00) 5; (10/99) 2;  
(6/99) 5; (10/08) 4;  
(11/10) 3  
heart disease: aspirin  
causes problems (9/04)  
5  
heart disease: clogged  
arteries & plaque  
treatment (3/05) 7;  
(6/08) 3,4,5; (7/08)  
2,3;  
heart disease: cod liver oil  
helps (1/05) 7; (7/03) 7  
heart disease: early  
detection (8/04) 5  
heart disease: eating beans  
helps (1/05) 6  
heart disease: eating nuts  
helps (6/04) 1; (9/03) 4  
heart disease: gingivitis can  
contribute (5/04) 7;  
(1/07) 3  
heart disease: iodine helps  
(11/04) 6  
heart disease: omega-3  
fatty acids helps (3/05)  
5; (6/08) 1  
heart disease: R-Lipoic  
Acid rejuvenates (3/04)  
3

heart disease: Vit C reverses problems contributing (4/04) 5  
heart disease: Vit D helps (3/05) 3  
heart disease-prevention (7/05) 5; (1/04) 5; (9/03) 4; (7/03) 3; (6/03) 3; (5/03) 3; (11/02) 6; (1/06) 4; (12/08) 1,2,3; (2/10) 3;  
heart failure (8/05) 4; (10/03) 2; (9/03) 4; (2/02) 3; (7/01) 5; (10/99) 2; (7/10) 7; (2/11) 4  
heart failure: taurine has reversed (1/04) 3  
heart problems: nutrients for (1/06) 4; (10/08) 4  
heart problems: connection to toxins (11/08) 5  
heart scans (2/04) 2; (3/03) 2; (9/02) 2; (1/02) 4; (7/01) 1  
heart surgery: discussion (see also "surgery-heart") (6/05) 3  
heart transplants (10/02) 1  
heartbeat-irregular (2/99) 6  
Heartbeat Elite (8/05) 6; (7/05) 5; (3/05) 6  
Heartburn (8/05) 6; (7/05) 4; (10/03) 2, 3; (9/02) 7; (4/02) 3; (4/99) 2; (3/99) 5; (4/06) 2; (2/06) 6; (1/07) 1  
heavy metals & heavy metal detoxification (8/05) 6; (7/05) 7; (10/03) 5; (7/01) 3, 6; (12/00) 6; (5/00) 1, 6; (8/06) 5; (4/08) 5; (11/08) 3; (6/10) 4;

(1/11) 4; (5/11) 6; (11/11) 6  
heavy metal detoxification-simplified (8/05) 6  
heavy metal detoxification: warning, precaution (6/05) 3  
Heavy Metal Provocation Test(1/05) 5; (5/05) 6  
Hemocult spot test (12/11) 7  
hemorrhoids(9/03) 7  
hemorrhoids: iodine helps (11/04) 6  
hemorrhoids: Vitamin E suppositories help (2/10) 1  
heparin (5/02) 7; (3/11) 1  
hepatitis (5/05) 6; (10/02) 5; (7/01) 2; (3/99) 6; (2/11) 2  
hepatitis drugs: dangers of (7/07) 5  
hepatitis: can be contracted from sweat (9/04) 1  
herbicides (4/01) 3  
herbs (1/03) 7; (8/99) 4  
herniated disk (referred to as "squashed lumbar disk") (1/04) 6  
herpes virus (11/04) 4; (10/03) 3 (11/02) 3; (6/02) 1; (3/99) 6  
*High Blood Pressure Hoax, The*, by Sherry Rogers (6/05) 6  
high blood pressure (12/04) 2, 5; (8/04) 6; (1/04) 1, 3; (12/03) 4; (9/03) 4; (6/03) 4; (3/03) 5; (12/02) 4; (10/02) 5; (5/02) 1; (2/02) 3; (7/01) 4, 6; (4/01) 3; \*(12/99) 2; (11/99) 7; (6/99) 4, 6; (2/99) 6 (1/08) 1;

(5/08) 6; (9/10) 5; (4/11) 7  
high blood pressure: HCT & diuretics causes heart disease (11/04) 1; (1/08) 1  
high blood pressure: *Hormone Solution, The* (12/04) 2  
high blood pressure: treatment protocol (8/04) 6  
high blood pressure: Vit. D helps (3/05) 3  
high cholesterol(8/05) 2, 6; (7/05) 4; (6/05) 6; (5/05) 2; (1/05) 7; (11/04) 6; (8/04) 6; (7/04) 6; (4/04) 6; (3/04) 3; (1/04) 3; (12/03) 4; (11/03) 5; (10/03) 3, 5; (9/03) 4; (8/03) 3; (7/03) 3, 4; (6/03) 4; (12/02) 5; (10/02) 5; (9/02) 3; (7/02) 7; (6/02) 5; (4/02) 3, 7; (3/02) 4; (2/02) 3; (7/01) 3, 6; (12/00) 3; (5/00) 6; \*(1/00) 6, 8; (11/99) 7; (6/99) 4; (5/07) 6; (4/07) 4; (2/07) 1; (2/07) 3; (1/07) 4; (3/08) 6 (2/08) 1; (10/10) 2; (11/10) 3; (2/11) 3  
high-fructose corn syrup (9/10) 4  
High Tech Health (10/04) 8  
hightechhealth.com (6/05) 8  
hip fractures (8/04) 4; (4/99) 7  
hip pain (5/00) 7

hip replacements: healing  
 lose ones (3/'03) 3  
 hippuric acid (5/'02) 5  
 HIV: see "AIDS/HIV"  
 Hives (4/'01) 5  
 Holley Pharmaceuticals  
 (3/'04) 8; (9/'03) 1  
 Homocysteine (10/'07) 3;  
 (10/'07) 5; (1/'07) 6;  
 (10/'08) 7; (7/'10) 4;  
 (10/'11) 4'  
 Honey (5/'99) 4  
 hormone malfunctions &  
 problems (6/'05) 4;  
 (10/'03) 6  
 Hormone Replacement  
 Therapy (HRT) (9/'03)  
 3, 7; (4/'03) 1; (3/'03) 5;  
 (12/'02) 3; (11/'02) 6;  
 (10/'02) 2; (10/'02) 4;  
 (7/'02) 1; (4/'01) 3;  
 (12/'11) 7  
 Hormone Replacement  
 Therapy: can trigger  
 Alzheimer's (10/'04) 3  
 hormones: balancing them  
 is critical (10/'03) 6  
 horse radish (9/'99) 4  
 hospitalization (2/'02) 5;  
 (10/'99) 1  
 hospitalization: protecting  
 yourself from mistakes,  
 problems (4/'03) 1;  
 (7/'08) 4; (10/'08) 1  
 household cleaning  
 products: make your  
 own (8/'99) 4  
 HPX2 (for cold sores)  
 (6/'02) 1  
 HTZ (hydrochlorothiazide)  
 (2/'04) 5  
 Humira (1/'04) 5  
 Huperzine A (4/'01) 1  
 Huperzine A (7/'04) 5  
 Hydralazine (Rx) (1/'00) 5  
 Hydrocodone (Rx)(4/'01) 1

hyperactivity (see also  
 "ADHD") (9/'02) 7;  
 (5/'02) 1, 5; (4/'02). 4;  
 (12/'00) 1, 6; (1/'00) 6;  
 (7/'99) 6; (11/'08) 4  
 hypercoagulability (1/'03)  
 3; (11/'02) 3; (9/'02) 3  
 hypertension; see "high  
 blood pressure"  
 hyperthyroidism (3/'02) 4  
 hypoglycemia (8/'04) 6;  
 (6/'04) 4; (2/'04) 4;  
 (5/'02) 5; (7/'01) 3;  
 (1/'00) 6; (2/'99) 3;  
 (1/'97) Misc.  
 hypospadias (6/'02) 4  
 hypothyroidism (see also  
 "thyroid problems")  
 (3/'02) 2; (1/'08) 4;  
 (5/'10) 3; (8/'11) 1  
*Hypothyroidism, the  
 Unsuspected Illness* by  
 Broda Barnes, M.D.  
 (12/'99) 1  
 hycysteine: Kyolic  
 Liquid lowers (12/'02) 5  
 iceberg lettuce: "hardly any  
 nutritional value"  
 (7/'03) 6  
 ICU: the importance of Vit  
 C and E and  
 antioxidants (4/'04) 4  
 Imitrex (migraine  
 medication) (12/'02) 4  
 immune system: boosting it  
 through spiritual &  
 family life (12/'03) 5  
 immune system: enhancing,  
 function, etc. (7/'05) 1,  
 3; (11/'03) 1; (6/'03) 5;  
 (1/'03) 2, 4; (11/'02) 2;  
 (6/'99) 4; (4/'99) 4;  
 (10/'06) 3  
 Immune Therapy Lab  
 (supplier) (1/'03) 8

immunizations (4/'04) 6;  
 (8/'03) 4; (1/'03) 1;  
 (12/'02) 1; (11/'02) 2;  
 (10/'02) 3  
 immunizations: can be  
 lethal for infants (9/'04)  
 3; (8/'03) 4  
 immunization: for cervical  
 cancer (10/'06) 7  
 ImmunoSciences Lab  
 (10/'04) 8  
 implants: dangers of  
 (12/'11) 5  
 incontinence (8/'05) 2  
 indicant (7/'10) 4  
 indigestion (7/'05) 6;  
 (4/'99) 2; (3/'99) 5;  
 (2/'99) 5  
 IndolPlex (8/'05) 4;  
 (10/'04) 5; (9/'04) 2;  
 (6/'02) 4; (7/'01) 6;  
 (4/'01) 3; (5/'00) 4  
 indoor pollution (5/'99) 6  
 infant formula (1/'03) 4, 5;  
 (9/'02) 4; (2/'99) 6  
 infants: at high risk from  
 toxins (6/'06) 1  
 infection (7/'05) 3; (1/'04)  
 3; (9/'03) 1; (7/'03) 3;  
 (11/'02) 2, 4; (9/'02) 3;  
 (7/'01) 3; (5/'00) 3;  
 (6/'99) 4, 5  
 infection: use of Arginine  
 (1/'05) 7  
 infection: use of Boluoke  
 (4/'05) 1  
 infection-chronic (4/'05) 1  
 infection-recurrent (8/'05)  
 4; (3/'05) 3; (2/'04) 2;  
 (12/'99) 4; (8/'07) 4  
 infection-resistant (1/'05) 2  
 infertility (8/'05) 2, 4;  
 (10/'03) 5; (12/'03) 3;  
 (6/'02) 4; (2/'02) 3;  
 (4/'01) 3; (4/'01) 4;  
 (11/'99) 7; (8/'11) 3

inflammation (3/'04) 3, 5;  
 (7/'02) 6; (7/'01) 5  
 inflammation: causes  
 (6/'05) 3  
 injury (7/'05) 3; (4/'02) 1  
 inositol (8/'03) 2; (4/'01) 6;  
 (6/'99) 2  
 insect repellants & sprays  
 (8/'02) 1; (7/'99) 8  
 insects in stored grain –  
 solution (9/'04) 4  
 insomnia (10/'02) 5;  
 (9/'02) 7; (5/'02) 1;  
 (12/'00) 6; (1/'00) 4;  
 (8/'08) 2,3; (9/'08) 4;  
 (5/'10) 5; (9/'10) 7  
 Institute for Functional  
 Medicine (3/'03) 8;  
 (4/'02) 2  
 insulin: high (11/'06) 6;  
 (7/'07) 7  
 insulin resistance (7/'06) 2;  
 (5/'08) 4,5;  
 Insulin Potentiation  
 Therapy: works well  
 with chemo & Lyme D.  
 (4/'04) 2  
 Integrated Therapeutics  
 (7/'04) 8  
 intelligence: increasing  
 (3/'03) 5; (12/'00) 6  
 intensive care patients  
 cheated (1/'08) 6  
 Intensive Nutrition  
 (supplier) (7/'04) 8;  
 (3/'04) 8  
 interference fields (see also  
 “meridians” and  
 “electromagnetic f.”)  
 (3/'00); (3/'04) 4;  
 (8/'04) 3  
 intestinal bleeding (7/'05) 2  
 intestinal hemorrhage  
 (10/'03) 2

intestinal parasites:  
 diagnosis and treatment  
 (12/'04) 6  
 IntraMin (8/'05) 6; (9/'04)  
 7, (11/'08) 6  
 Iodine (6/'02) 7; (5/'02) 4  
*Iodine. Why You Need It*  
 (11/'04) 6  
 iodine: treats thyroid  
 deficiency and  
 Fibrocystic Breast  
 Disease... (11/'04) 5  
 Iodorol (4/'05) 2; (11/'04)  
 5; (8/'11) 2  
 ION Panel (8/'05) 6;  
 (1/'05) 4; (3/'05) 3;  
 (4/'05) 3; (11/'04) 4;  
 (9/'04) 7; (8/'04) 2;  
 (7/'04) 4, 5; (6/'04) 1;  
 (5/'04) 3, 4; (4/'04) 7;  
 (3/'04) 7; (1/'04) 3;  
 (11/'03) 5; (8/'03) 4  
 IP6 (11/'03) 1; (8/'03) 2;  
 (4/'01) 6; (10/'99) 3;  
 (6/'99) 2  
 IPT (8/'04) 2  
 IPTQ.com (supplier)  
 (8/'04) 8  
 Iraq: diseases from (9/'04)  
 4  
 irregular heartbeat (5/'02) 1  
 irritability (also  
 “crankiness”) (3/'03) 4;  
 (5/'02) 1; (12/'00) 6;  
 (5/'00) 1  
 Irritable Bowel Syndrome\*  
 (7/'05) 6; (6/'04) 6;  
 (1/'04) 1; (12/'03) 7;  
 (10/'03) 6; (1/'03) 7;  
 (10/'02) 2; (10/'02) 7  
 Irritable bowel: treatment  
 with bile acids (4/'05) 4  
*Is This Your Child?* by Dr.  
 Doris Rapp (4/'99) 5  
*Is Your Cardiologist*  
*Killing You?* By Dr.

Sherry Rogers (2/'10) 3;  
 (4/'10) 4; (9/'11) 4;  
 (11/'11) 7  
 IV Gluthathione (8/'04) 1  
 IV tubing (8/'05) 4  
 Jarrow(supplier) (7/'04) 8  
 jet lag (6/'02) 4; (1/'00) 4  
 joint pain (10/'03) 6  
 joint problems (6/'06) 1  
 Joint ReVIT alizer (6/'04)  
 7  
 juicing(see also “carrot  
 juicing”) (8/'02) 7  
 juvenile diabetes: see  
 “diabetes-juvenile”  
 juvenile rheumatoid  
 arthritis: see “diabetes-  
 juvenile rheumatoid”  
 kava (7/'01) 7  
 kelioids: iodine helps  
 (11/'04) 6  
 Key E Powder (8/'04) 2;  
 (11/'03) 1; (10/'03) 4  
*Key to Ultimate Health,*  
*The* (on dental problems  
 & health) (5/'00) 1  
 Keyes Method, The (for  
 gingivitis) (5/'04) 7  
 keys to healing all diseases  
 (7/'99) 5  
 kidney damage/ kidney  
 disease (4/'04) 6; (7/'01)  
 3, 4, 6; (6/'11) 3  
 kidney stones (6/'05) 4;  
 (6/'99) 4; (4/'08) 6  
 kidney transplants (7/'01) 2  
 kidney: treatment for  
 overload (10/'04) 5;  
 (5/'04) 1  
 Klabin (supplier) (12/'00) 8  
 Klaire (supplier) (11/'04) 8  
 knee cartilage-damaged  
 (4/'02) 4  
 knee pain (2/'08) 6;  
 (11/'08) 3;  
 knee replacement (5/'08) 6

knee replacement:  
 complications after  
 (10/'10) 5  
 Kolorex Cream (5/'02) 1  
 Kwell (4/'01) 3  
 Kyo-Chrome (6/'02) 7  
 Kyo-Dophilus (2/'04) 4;  
 (8/'99) 4; (2/'99) 5  
 Kyo-Green (3/'99) 8;  
 (2/'99) 5  
 Kyolic (also Kyolic Liquid)  
 (7/'05) 6; (11/'04) 3;  
 (2/'04) 2, 4; (8/'03) 3, 5;  
 (12/'02) 4; (12/'02) 7;  
 (10/'02) 7; (8/'02) 3;  
 (6/'02) 6; (3/'02) 4, 7;  
 (3/'99) 4; (2/'99) 5  
 Kyolic One Per Day: to  
 heal the gut (12/'03) 4;  
 (6/'03) 5  
*Laboratory Evaluations in  
 Molecular Medicine*  
 (8/'02) 2  
 Lactoferrin: for virus,  
 immune problems,  
 infections, cancer  
 (5/'04) 4  
 Lanoxin (5/'99) 2  
 L-Arginine Powder  
 (12/'04) 2; (11/'04) 3;  
 (9/'04) 6; (8/'04) 5, 6;  
 (7/'04) 6  
 L-Arginine Powder:  
 protects kidneys  
 (10/'04) 5  
 L-Carnitine (2/'99) 3  
 L-Carnosine (5/'04) 3  
 lead (1/'05) 5; (2/'03) 3;  
 (12/'07) 7  
 lead: in chocolate (3/'06) 3  
 Leaky Gut Syndrome  
 (7/'05) 2; (9/'03) 6;  
 (1/'03) 7; (10/'02) 4, 6;  
 (5/'02) 7; (2/'02) 3;  
 (5/'99) 2; (2/'99) 3

Learner's Edge  
 (supplement) (5/'04) 3  
 learning: disabilities &  
 disorders, improving  
 learning ability (6/'05)  
 4; (3/'03) 5; (5/'02) 5;  
 (5/'00) 3; (1/'00) 6;  
 (7/'99) 6; (2/'99) 6  
 LED Light treatment: can  
 turn on beneficial body  
 chemistry (1/'05) 1  
 lef.com (supplier) (11/'04)  
 Manganese Picolinate  
 Manganese Picolinate  
 Manganese Picolinate 8  
 leg cramps (9/'02) 7  
 legislated death (6/'11) 1  
 Lescol (Rx) (8/'03) 3;  
 (1/'00) 6; (11/'99) 7  
 lessening platelet  
 aggregation: see  
 "thinning the blood"  
 Leukemia  
 (2/'04) 5; (8/'03) 6;  
 (5/'00) 3; (5/'10) 6;  
 (2/'11) 2  
 Lexapro (8/'03) 2  
 Life Enhancement  
 (supplier) (2/'04) 8  
 life-sustaining treatment  
 (near the end of life)  
 (12/'03) 6  
 lipid peroxides (9/'02) 4;  
 (1/'00) 6; (10/'99) 5  
 Lipitor (Rx) (8/'05) 6;  
 (7/'05) 7; (3/'05) 7;  
 (8/'03) 3; (7/'03) 2;  
 (11/'02) 6; (7/'02) 4;  
 (6/'02) 5; (4/'02) 3;  
 (4/'01) 1; (1/'00) 6;  
 (11/'99) 7; (5/'08) 1, 6;  
 (2/'10) 1; (10/'10) 1  
 lipoic acid (3/'04) 2 ;  
 (2/'04) 4; (1/'04) 7;  
 (6/'03) 4; (5/'03) 6;

(7/'01) 2; (12/'99) 1;  
 (8/'99) 3; (5/'99) 7  
 lipoprotein: elevated  
 (6/'07) 7  
 Lipothiamine (10/'02) 7  
 Liquid Carnitine 1000  
 (7/'04) 5  
 Liquid Multiple Minerals  
 (8/'05) 6; (3/'05) 6;  
 (2/'04) 4; (10/'03) 5  
 Listeria (10/'03) 4  
 Lithium Aspartate 20 mg  
 (10/'04) 7  
 Lithium Orotate (4/'04) 1  
 lithium(10/'02) 6  
 lithium: rejuvenates brain  
 & memory & other  
 benefits (10/'04) 6;  
 (4/'04) 1; (2/'03) 1  
 liver disease (7/'01) 4  
 liver problems (12/'04) 3;  
 (3/'04) 2, 3; (1/'04) 3;  
 (1/'03) 7; (11/'10) 3  
 Liver Support System  
 (supplement) (1/'03) 7  
 liver transplants (7/'01) 2  
 liver: protection & healing  
 (7/'05) 2; (8/'99) 6;  
 (6/'99) 4  
 Longevity Plus (supplier)  
 (4/'04) 8  
 long-lasting medications  
 (8/'05) 4; (4/'04) 4;  
 (5/'03) 1; (7/'01) 5, 7;  
 (3/'99) 4  
 losing weight (trying to):  
 see "weight-losing"  
 Lotronex (10/'02) 2  
 Lovastain (8/'03) 3; (3/'05)  
 7  
*Love & Survival* by Dr.  
 Dean Ornish (8/'99) 7  
 low energy: see "fatigue"  
 lowered white count (7/'05)  
 2  
 L-Theanine L-T (4/'02) 4

Lugol's Solution (11/'04) 6  
Lumen (LED) light: used  
for healing (1/'05) 1;  
(6/'06) 5; (11/'08) 7;  
(1/'10) 5, 6; (9/'10) 6;  
(10/'11) 3  
Lumenphoton.com (1/'05)  
8  
Lupus (3/'05) 3; (7/'03) 7;  
(3/'02) 1; (5/'00) 3;  
(1/'00) 5; (8/'99) 2;  
(5/'99) 2; (2/'99) 6  
Lutein + Kale (7/'05) 4;  
(4/'05) 1; (3/'11) 7  
Lutein (7/'05) 4  
Luveris (Rx) (8/'05) 2  
Luvox (8/'03) 2  
Lycopene 15mg (9/'02) 4  
Lyme Disease: bug spray  
protection (9/'04) 4  
Lyme Disease: IPT  
therapy effective (4/'04)  
2  
Lyprinol (4/'01) 7  
Lyrica RX: dangers of  
(5/'11) 7  
Macadamia nut oil (6/'04)  
1; (5/'03) 4  
MacNut Oil (supplier)  
(6/'04) 8  
macrobiotic diet (1/'05) 6;  
(4/'05) 3; (9/'04) 3;  
(12/'03) 3; (11/'03) 1;  
(10/'03) 2; (5/'03) 4;  
(11/'02) 4; (9/'02) 4;  
(3/'02) 4; (1/'02) 7;  
(4/'01) 4; (12/'99) 3;  
(8/'99) 3; (2/'99) 7;  
(12/'06) 1; (1/'07) 7  
macular degeneration\*  
(7/'05) 3; (4/'05) 1;  
(7/'04) 1; (1/'04) 3;  
(3/'03) 2; (7/'01) 3;  
(2/'99) 6; (9/'06) 1;  
(10/'10) 3; (11/'10) 7;  
(12/'11) 2

Mad Cow Disease (1/'03) 3  
Mag Chlor 85 (1/'05) 8  
Magnesium Chloride  
Solution (5/'05) 6;  
(12/'03) 4; (9/'02) 7;  
(8/'99) 1; (4/'11) 1  
Magnesium Citrate (8/'03)  
6; (2/'99) 3; (4/'11) 2  
magnesium deficiency  
(6/'05) 5; (3/'05) 6;  
(9/'03) 3, 4; (8/'03) 6;  
(5/'03) 7; (11/'02) 6;  
(5/'02) 1; (2/'02) 7;  
(7/'01) 4; (12/'99) 2;  
(7/'08) 3  
magnesium loading test  
(12/'99) 3  
magnesium-serum (9/'03) 4  
magnesium stearate  
(10/'08)  
magnesium sulfate  
injection (4/'11) 2  
Maitake D-fraction (7/'05)  
2  
Maitake (7/'05) 2  
Malaria (7/'04) 6; (8/'03) 6  
mammograms (6/'02) 3;  
7/'10) 1; (9/'10) 1  
mammograms: replaced  
with breath test (9/'04) 6  
manganese: helps diabetes,  
osteop., skin problems...  
(6/'05) 6  
manganese: improves  
fatigue (8/'06) 8  
Manganese Picolinate  
(2/'99) 3  
manic depression (5/'04) 2;  
(2/'03) 1; (10/'02) 6;  
(5/'02) 3; (5/'00) 3;  
(7/'99) 7  
*Marvelous Memory  
Boosters*, by Beth Ley  
(booklet) (5/'03) 5  
masks-face (11/'03) 8

Mastic Gum (7/'05) 4;  
(8/'02) 3  
Measles (10/'03) 4; (1/'03)  
1  
meat preparation (10/'99) 4  
meat (7/'03) 6  
Medi-Body pack (7/'06) 1;  
(3/'06) 3  
medical testing (3/'02) 5;  
(9/'99) 3; (7/'99) 4  
medical testing: oftennot  
sensitive, diagnose too  
late (8/'04) 6  
medical testing: unneeded  
(4/'05) 6  
Medicardium EDTA  
(7/'04) 7; (10/'03) 5  
Medicardium rectal  
Magnesium-EDTA  
suppository (8/'05) 6;  
(4/'04) 7; (10/'03) 5  
Medi-Pack (8/'04) 3;  
(3/'04) 5  
Mediterranean Diet (3/'99)  
1  
Melatonin (9/'02) 5; (6/'02)  
4; (1/'00) 4; (1/'07) 6  
memory-improving (5/'03)  
5; (5/'02) 5; (1/'02) 4;  
(12/'00) 6; (1/'00) 6, 8;  
(11/'99) 7  
memory-loss: the earlier  
you deal with it, the  
better (5/'04) 3; (2/'04)  
5; (6/'03) 4; (3/'03) 2;  
\*(3/'03) 4; (10/'02) 5;  
(9/'02) 7; (1/'02) 2;  
(5/'00) 3; (12/'99) 4;  
(10/'99) 3; (6/'99) 5, 6  
memory-poor (12/'03) 7;  
(11/'03) 1; (3/'02) 1;  
(7/'99) 7  
Meniere's Disease (9/'03) 5  
menopause (8/'02) 7;  
(6/'02) 3; (5/'00) 8

menopause: mobilizes heavy metals (6/'06) 1  
 Mercury Detox (2/'04) 7; (8/'99) 6  
 mercury overload: removing silver amalgams not for all (4/'04) 6  
 mercury poisoning/ toxicity (4/'05) 5; (5/'05) 6; (7/'04) 1; (6/'04) 1;\*(4/'04) 6; (8/'03) 4; \*(5/'00) 1; (8/'99) 3; (5/'99) 2; (2/'11) 7  
 meridians (see also "electromagnetic fields" and "interference f.") (2/'04) 4; (12/'00) 4; (5/'00) 1; (3/'06) 3  
 Metabolic Maintenance (supplier) (7/'99) 8  
 Metabolic Syndrome X (3/'05) 3; (1/'04) 4; (8/'04) 6; (4/'04) 3; (11/'02) 7; (5/'08) 4,5; (9/'08) 1  
 Metagenics (supplier) (4/'01) 8  
 metal chelation (3/'04) 2  
 metamatrix.com (6/'05) 8  
 MetaMetrix (11/'04) 8  
 Metamucil (3/'02) 4  
 Methotrexate (5/'99) 7  
 Methylcobalamin (12/'04) 6; (12/'03) 5; (9/'03) 7  
 Methylmalonate (6/'04) 7  
 Mevacor (Rx) (8/'05) 6; (3/'05) 7; (8/'03) 3; (1/'02) 6; (7/'02) 4; (6/'02) 5; (1/'00) 6; (11/'99) 7  
 MGN 3 (4/'05) 2; (11/'03) 1  
 Microhydrin(12/'00) 7  
 microwave ovens: destroy antioxidants & nutrients,

harmful (3/'04) 8; (11/'02) 4  
 migraines (12/'03) 4; (7/'03) 7; (3/'03) 2; (1/'03) 1; (12/'02) 4; (10/'02) 6; (5/'02) 1; (5/'00) 3; (1/'00) 8; (9/'99) 8; (3/'06) 6  
 migraines: "Top Ten Causes" (2/'04) 4  
 migraines: iodine helps (11/'04) 6  
 Mild Cognitive Impairment (MCI) (2/'04) 7  
 mildew (9/'99) 1  
 milk-cow (6/'04) 5; (4/'03) 7; (1/'03) 5  
 mineral supplementation: without iron (7/'06) 7  
 Minocin (antibiotic) (1/'00) 5  
 Mitochondria (2/'11) 1; (9/'11) 3; (10/'11) 2; (12/'11) 3  
 Mobile-Ease (4/'01) 7  
 Modified Citrus Pectin (1/'06) 2; (9/'08) 7; (11/'11) 3  
 mold & fungus (7/'05) 1; (3/'05) 4; (10/'04) 8; (2/'03) 8; (1/'02) 4; (4/'01) 4; (9/'99) 8; (8/'08) 6,7  
 mold plates (12/'04) 8; (5/'03) 4; (2/'03) 8; (4/'01) 5; (8/'08) 6  
 mold: in schools (9/'03) 1  
 molybdenum (4/'02) 7; (9/'99) 4  
 Monolaurin (4/'05) 2  
 mood swings (6/'05) 4; (9/'03) 1; (10/'02) 5; (5/'02) 1; (12/'00) 6; (5/'00) 3  
 Mood Sync (10/'02) 7

mood: improving (12/'00) 6; (1/'00) 6, 8; (11/'99) 7; (9/'99) 7; (6/'99) 4  
 mouth guards (8/'05) 4  
 movement disorders (tics, grimaces, twitches) (7/'99) 7  
 MSG: accelerates brain deterioration... (7/'05) 3; (10/'04) 4; (10/'07) 1; (2/'07) 1  
 Mucopolysaccharides (6/'99) 7  
 mud pack treatment (3/'04) 3  
 Multiple Sclerosis (8/'05) 2; (3/'05) 4; (7/'03) 7; (1/'03) 1, 7; (5/'00) 3; (1/'00) 5; (8/'99) 2; (3/'99) 3, 5; (5/'07) 6; (10/'10) 3  
 muscle cramps & spasms (5/'02) 1  
 muscle diseases (11/'99) 7; (10/'07) 4  
 muscle spasms (12/'03) 4  
 muscle testing: identifies cancers, disease (8/'04) 3  
 muscle wasting (7/'05) 3  
 muscle: healing (1/'05) 2  
 mushroom poisoning (10/'02) 5; (7/'01) 3  
 mushrooms & herbsthat boost immune, fights cancers, etc. (7/'05) 1; (6/'03) 6  
 Myco Complex (7/'05) 2; (6/'03) 6  
 mycotoxins (3/'05) 5, 8; (5/'03) 6; (2/'03) 6; (3/'99) 5; (6/'06) 4  
 Myelodysplastic Syndrome (5/'10) 6  
 N.E.E.D.S. (supplier) (7/'02) 8

NAC (nutrient) (5/'03) 6;  
 (12/'08) 4;  
 N-acetyl cysteine (5/'03) 6;  
 (8/'99) 6  
 Nails: toxic (10/'11) 2  
 Nano DHLA (10/'04) 7  
 Nanobac (also  
 "Nanobacterium")  
 (11/'02) 3; (9/'02) 3  
 Nanobac programs (1/'03)  
 7; (11/'02) 3  
 Natrecor: dangers of  
 (5/'06) 3  
 natto (1/'03) 2  
 Nattokinase (10/'03) 5  
 Natural Calm (3/'05) 6;  
 (2/'04) 4; (10/'03) 5;  
 (8/'03) 6; (5/'02) 1  
 natural killer cells (NK  
 cells) (7/'05) 1; (12/'00)  
 3; (12/'99) 7  
 Natural Lifestyle (whole  
 foods-catalog) (9/'04) 8;  
 (2/'02) 1  
 Nature's Benefit (supplier)  
 (1/'02) 8  
 nausea (7/'05) 2; (9/'03) 1;  
 (9/'02) 7  
 nausea: ginger root helps  
 (6/'04) 5  
 NEEDS (supplier) (10/'04)  
 8  
 NEEM spray (9/'04) 4;  
 (8/'02) 1  
 Neosynephrine (11/'99) 1  
 nerve damage &  
 regenerating nerves  
 (5/'04) 5; \*(3/'03) 2;  
 (2/'99) 4, 6; (1/'07) 6  
 nerve damage-chemically-  
 induced (3/'04) 2  
 nerve disorders & diseases  
 (neurological disorders)  
 (6/'05) 6; (8/'02) 1;  
 (3/'02) 1; (7/'01) 6;  
 (11/'99) 7

nerve regeneration (1/'05)  
 2  
 nervousness (also, "jangled  
 nerves")(5/'02) 4, 7;  
 (12/'00) 6; (1/'00) 6  
 neurodegenerative diseases  
 (1/'00) 4  
 neurological problems  
 (1/'03) 4; (3/'08) 1  
 Neuromins (2/'99) 7  
 neuropathy: see "nerve  
 damage"  
 Nexium (7/'05) 6; (7/'04)  
 2; (6/'04) 6; (7/'03) 2;  
 (5/'03) 1; (10/'02) 3;  
 (1/'11) 5;  
 NGR Solutions (10/'03) 7;  
 (5/'03) 7  
 niacin (6/'02) 6  
 nightshade allergy (3/'02)  
 1; \* (11/'99) 6  
 nightshade: hidden in many  
 foods and supplements  
 (1/'04) 6; (6/'04) 7;  
 (8/'10) 7  
 nightshade-free diet (1/'04)  
 6; (12/'03) 7; (10/'03) 2  
 nightshades: a complete  
 list, with hidden sources  
 (11/'99) 6  
 nitric oxide: its function &  
 necessity (8/'04) 5  
 nitroglycerine: nutrients  
 needed before taking  
 (6/'11) 2; (9/'11) 5  
 Nizoral (7/'03) 2; (3/'03) 4  
 no-pest strips(7/'99) 8  
 Norvasc RX (4/'11) 7  
 NSAIDs (Naproxen,  
 Motrin, ibuprofen,  
 Advil, Celebrex, Vioxx)  
 (8/'05) 2; (3/'05) 6;  
 (4/'05) 2; (7/'04) 4;  
 (1/'04) 6; (10/'03) 1;  
 (9/'03) 7; (7/'03) 1;  
 (12/'02) 6; (10/'02) 3, 4;

(7/'02) 3; (4/'02) 3;  
 (2/'02) 1; (7/'01) 5;  
 (4/'01) 7; (12/'99) 6;  
 (8/'99) 8; (6/'99) 7;  
 (3/'99) 5; (5/'08) 6;  
 (9/'08) 4; (4/'10) 6;  
 (7/'10) 7; (10/'10) 4;  
 (1/'11) 6  
 NSC 100 Beta Glucan  
 (11/'08) 7  
 nuclear facilities (6/'02) 7  
 numbness (12/'00) 6  
 Nutrasol (supplier) (1/'05)  
 8  
 Nutricillin(1/'00) 6  
 Nutrient & Toxic Elements  
 -24 hour urine test  
 (10/'04) 5  
 nutrient deficiencies  
 (12/'99) 2  
 nutrient trials (9/'99) 1  
 nutrients & supplements:  
 maximizing their  
 effectiveness (7/'99) 4  
 nutrients (11/'02) 6  
 nutrients: minimum (3/'08)  
 7  
 nutrients: a list of ones she  
 recommends for  
 everyone (4/'03) 6  
 nutrients: organizing  
 (7/'06) 6  
 nutrients: the down side  
 (8/'99) 5  
 nutrients: work in concert  
 with each other,  
 Multiples better (7/'05)  
 5; (4/'03) 2; (1/'03) 3  
 Nutritional Therapeutics  
 (10/'04) 8  
 nuts (5/'03) 4  
 nuts: the need for organic  
 (9/'03) 4  
 obesity (4/'04) 3; (9/'03) 4;  
 (9/'02) 7; (7/'02) 7;  
 (4/'02) 7; (10/'06) 4;

(6/07) 6; (3/07) 5;  
 (1/08) 2; (8/08) 3,4;  
 (2/11) 6; (11/11) 6  
 OCD (8/03) 2; (7/03) 2;  
 (9/02) 1  
 old age: supplement facts,  
 suggestions (7/04) 7  
 older people (12/02) 1, 7;  
 (10/02) 5; (8/02) 3  
 Olestra (6/05) 4; (2/03) 5;  
 (1/03) 6; (11/99) 1;  
 (6/99) 4  
 Olive Leaf Extract (7/04)  
 7; (12/02) 3; (12/00) 7  
 olive oil (1/03) 7  
 olive oil-unfiltered (3/99)  
 1  
 Olivirex (7/04) 7; (10/03)  
 5; (12/02) 4  
 Omacor (6/07) 7  
 omega-3 fatty acids: calms  
 down arrhythmias  
 (3/05) 5;  
 omega-3 oils (7/99) 2, 6;  
 (6/99) 7; (4/06) 7;  
 (11/08) 7  
 oncologists: testing their  
 knowledge base (6/04)  
 3; (11/02) 4  
 OptiQ-100 (11/99) 7  
 Ora Mune (1/03) 2  
 Organic Acid Panel (7/02)  
 4; (5/02) 5  
 Organic Acids Test: detects  
 Alzheimers,  
 arteriosclerosis...  
 (8/04) 6; (3/99) 5  
 organic food (6/02) 4  
 organic foods: can also  
 have dangerous  
 chemicals (8/03) 1  
 organicexcellence.com  
 (9/04) 8  
 Organix (test) (12/04) 6;  
 (7/04) 4; (10/02) 6

organizing nutrient tablets  
 (11/03) 6  
 O-Ring muscle testing  
 (8/04) 3; (3/04) 3  
 Ortho Glucose (5/08) 5;  
 Osteo Complex (7/02) 4;  
 (6/99) 7  
 osteoarthritis (12/03) 7  
 osteopenia (1/05) 4  
 osteoporosis (8/05) 5;  
 (6/05) 6; (10/03) 7;  
 (7/03) 5; (5/03) 5;  
 (3/03) 4, 5; (12/02) 2;  
 (10/02) 4; (7/02) 1;  
 (5/02) 5; (7/01) 6;  
 (5/00) 7; (9/99) 2;  
 (3/06) 6; (1/08) 3;  
 (11/08) 6,7; (5/08) 4;  
 (11/10) 1; (2/11) 4  
 osteoporosis: Boron needed  
 (6/05) 4; (2/04) 5  
 osteoporosis: drug dangers  
 (11/08) 6,7  
 osteoporosis: Vit D helps  
 (1/05) 4; (3/05) 3;  
 (5/04) 5; (10/03) 7,  
 (11/08) 6,7  
 osteoporosis: Vit K needed  
 (11/04) 7; (4/07) 5  
 osteoporosis-prevention  
 (9/03) 4  
 Our Office (supplier)  
 (5/03) 8  
 ovarian cysts (4/01) 4  
*Overdose: The Case  
 Against Drug  
 Companies...* by Dr. Jay  
 Cohen (5/02) 1  
 p53 genes (10/99) 4  
 P-5-P 50 mg (1/00) 3;  
 (1/10) 3, 5  
 Pacerone (9/03) 3  
 Pain & Stress (supplier)  
 (11/04) 8  
 pain syndromes (7/03) 7;  
 (6/08) 6,7; (11/11) 3

pain (7/05) 2; (1/05) 2;  
 (7/03) 7; (1/03) 6;  
 (12/02) 6; (9/02) 7;  
 (3/02) 1; (4/01) 7;  
 (12/99) 6; (6/06) 5;  
 (6/07) 2; (11/11) 3  
 pain-chronic (12/03) 7;  
 (7/03) 7; (5/02) 5;  
 (1/07) 1; (6/08) 6,7  
 Palm Tocotrienols (7/04)  
 6; (11/03) 3  
 pancreatic enzymes (1/00)  
 2  
 panic (also panic attacks)  
 (8/03) 2; (7/01) 7  
 Pantethine (Vitamin B5)  
 (7/08) 6,7  
 pap smear: abnormal  
 (4/03) 1; (8/07) 6  
 pap smears (8/02) 1;  
 (11/99) 4; (7/99) 2  
 papilloma virus infection  
 (7/99) 3  
 paraben-free products  
 (9/04) 3  
 parabens (9/04) 1  
 Paragard (3/99) 4  
 Parkinson's Disease (4/04)  
 6; (3/03) 3, 5; (11/02)  
 7; (12/00) 6; (5/00) 5;  
 (1/00) 4; (7/99) 7;  
 (2/07) 4, (5/08) 3;  
 (12/11) 6;  
 Paxil (Rx) (6/04) 1;  
 (10/04) 1; (10/02) 7;  
 (5/02) 4  
 PBDE (flame retardant)  
 (12/03) 3; (11/03) 6;  
 (12/02) 5; (8/10) 2;  
 (10/10) 1  
 PCBs (11/03) 4, 7; (8/03)  
 5; (12/02) 5  
 PC-Calm (7/02) 4  
 Peak Flow Meter (5/03) 4  
 Peak K2(5/05) 8  
 pencillamine (Rx) (1/00) 5

penicillin (7/'03) 2  
 Peppermint Plus (10/'02) 7  
 Pepto-Bismol (4/'99) 3  
 perchlorate (8/'03) 1  
 periodontal (gum) disease (11/'99) 7  
 peripheral neuropathy (6/'03) 4; (5/'00) 3  
 personal care products (lotion, shampoo, deodorant) (8/'05) 4  
 personality change (2/'99) 7  
 pesticide poisoning: treatment (7/'04) 6  
 pesticides in food (3/'03) 7  
 pesticides (10/'02) 6; (8/'02) 5; (2/'02) 6; (7/'01) 1, 4, 7; (4/'01) 1; (5/'00) 6; (1/'00) 3; (1/'10) 6; (6/'10) 7  
 Petadolex (recommended for migraines & as antihistamine) (12/'02) 4  
 Peter Gilham's (11/'04) 8  
 Peyronie's Disease: iodine helps (11/'04) 6  
 Pharmaceutical Specialties, Inc. (personal care products, etc.) (1/'03) 1  
 Phillips Nutritionals (11/'99) 8  
 Phillpot, William, M.D. (supplier of ceramic magnets) (12/'00) 8  
 Phlebitis (6/'99) 6  
 phobias (8/'03) 2  
 PhosChol: prevention of Alzheimer's, other diseases(7/'05) 5; (1/'05) 1; (3/'05) 6; (7/'04) 5; (5/'04) 3; (8/'03) 5; (6/'03) 4; (12/'02) 7; (10/'02) 5; (1/'02) 4; (4/'01) 6; \*(1/'00) 8; (10/'99) 3;

(7/'99) 7; (6/'99) 4; (9/'08) 6,7; (9/'11) 1;  
 phosphatidyl choline (10/'99) 3; (9/'07) 6; (9/'11) 1; (10/'11) 2;  
 Phosphatidyl serine (3/'03) 4; (2/'03) 7  
 physical examinations (routine, yearly, etc.) (6/'05) 1; (10/'02) 5; (1/'02) 4; (4/'01) 6; \*(1/'00) 8; (10/'99) 3; (7/'99) 7  
 physical performance improved (1/'05) 1  
 Pineal gland: calcification of (1/'10) 7;  
 pituitary function (6/'02) 4  
 pituitary problems (4/'01) 3  
 PKU (9/'02) 6  
 plaque (in arteries): see also "arteriosclerosis" (3/'05) 7; (12/'02) 4  
 plaque(9/'02) 2  
 plasticizers (phthalates) (8/'05) 4; (10/'04) 4; (10/'03) 5; (9/'02) 3; (8/'02) 4; (6/'02) 2; (5/'02) 5; \*(1/'02) 5; (7/'01) 4, 6; (4/'01) 1, 3; (9/'99) 2; (7/'08) 4,5,6; (10/'08) 3,4,5; (1/'10) 1; (2/'10) 6; (7/'10) 6; (8/'10) 1; (2/'11) 6; (3/'11) 5; (6/'11) 6; (8/'11) 1, 7; (9/'11) 6; (11/'11) 4;  
 Plavix (9/'04) 5; (7/'03) 2; (9/'06) 4; (3/'08) 3; (5/'08) 6; (3/'11) 7; (5/'11) 2  
 PMS (Pre-Menstrual Syndrome) (5/'02) 1; (1/'00) 3  
 Pneumonia (1/'04) 2; (9/'03) 3

Policosanol (8/'05) 6; (3/'05) 7; (7/'04) 6; (8/'03) 3, 5; (6/'02) 6  
*Politics of Cancer, The*, by Dr. Samuel Epstein (4/'02) 2  
*Politics of Healing, The*, by Daniel Haley (4/'02) 2  
 politics of medicine (7/'04) 1, 3, 4; (5/'04) 1; (3/'04) 1; (9/'03) 3  
 polycarbonate plastics: safety of (7/'06) 5; (7/'07) 6; (3/'07) 6; (6/'11) 6  
 Polycystic Ovary Syndrome (2/'02) 3  
 PolyHeme: dangers of (6/'06) 3  
 Polyps (11/'99) 4  
 polyps: can lead to cancer (5/'04) 4  
 poor circulation (10/'02) 4; (7/'02) 7  
 Porphyrins profile (8/'11) 7  
 Post Cholecystectomy Syndrome: symptoms remain after surgery (10/'99) 7  
*Post Trauma and Chronic Emotional Fatigue* by Dr. Sahley (2/'03) 7  
 postpartum depression (5/'02) 3; (2/'99) 7  
 post-traumatic stress disorder (PTSD) (2/'02) 4  
 potassium-low (9/'03) 3  
 poverty: how to do sauna when you have no money (7/'02) 1  
 poverty: how to work on healing when you have no money (10/'03) 2

Pravachol (Rx) (8/'03) 3;  
 (11/'02) 6; (7/'02) 4;  
 (1/'00) 6  
 precocious puberty (12/'03)  
 2; (10/'03) 5; (6/'02) 4;  
 (2/'10) 6;  
 preeclampsia (12/'03) 3  
 pregnancy (12/'03) 3, 4;  
 (1/'03) 3, 4; (8/'02) 4;  
 (2/'99) 7  
 Premarin (Rx): see also  
 Hormone Replacement  
 Therapy (9/'03) 7;  
 (11/'02) 6; (7/'02) 1;  
 (4/'02) 4; (4/'01) 1;  
 (9/'99) 5  
 premature rupture of fetal  
 membranes (12/'03) 3  
 Premier Nutraceuticals  
 (4/'01) 6  
 Premier Research (10/'04)  
 8  
 prescription drugs: "the  
 number one cause of  
 death in the U.S."  
 (5/'05) 2; (7/'04) 4; \*  
 (7/'03) 1; (6/'03) 7;  
 (5/'03) 1; (7/'02) 4;  
 (5/'02) 1; (3/'02) 1;  
 (2/'02) 1; (7/'01) 4, 7;  
 (12/'00) 2; \*(10/'99) 1;  
 (8/'99) 6; (11/'08) 1;  
 (5/'08) 5,6,7; (8/'08) 1;  
 (4/'11) 3  
 prescription drugs: how one  
 leads to another (10/'03)  
 2  
 prescription drugs: weaning  
 from (1/'06) 7; (9/'08)  
 5,6  
*Prescription for Disaster,*  
 by Thomas Moore  
 (4/'02) 2  
 pressure-treated wood: with  
 deadly copper arsenate-  
 don't burn! (6/'03) 1

Prevacid (Rx) (7/'05) 6;  
 (9/'02) 3  
 Prevail (supplier) (4/'01) 8  
 Prialt (Rx) (8/'05) 3  
 Prilosec (Rx) (8/'05) 7;  
 (7/'05) 4, 6; (6/'04) 6;  
 (10/'03) 2; (9/'03) 6;  
 (7/'03) 2; (5/'03) 1;  
 (9/'02) 3; (4/'02) 4;  
 (4/'01) 1; (4/'99) 1  
 prlabs.com (6/'05) 8  
 Pro Boost Thymic Protein  
 (4/'05) 2  
 Pro Thera (3/'05) 8  
 Probiotics (7/'05) 6; (9/'03)  
 5; (6/'03) 5; (3/'02) 4;  
 \*(12/'00) 3; (1/'00) 2;  
 (8/'99) 4  
 Pro-Boost (12/'00) 7  
 processed foods (12/'03) 3;  
 (8/'03) 5; (7/'03) 5;  
 (1/'03) 6; (9/'02) 6;  
 (5/'02) 4; (4/'02) 7;  
 (3/'02) 1; (7/'01) 3;  
 (4/'01) 6; (11/'99) 2;  
 (7/'99) 5; (3/'99) 1  
 products (household &  
 personal) that are safe  
 (9/'04) 3; (1/'03) 1;  
 (5/'99) 1; (5/'99) 6  
 Propax (4/'05) 3; (10/'04)  
 3; (3/'03) 6; (8/'02) 7;  
 (7/'02) 5  
 Propecia (drug for thinning  
 hair) (2/'03) 6  
 Proper Nutrition (supplier)  
 (1/'02) 8  
*Prostate Miracle, The,* by  
 Jesse Stoff and Dallas  
 Cloutre (1/'02) 7  
 Prostatitis (9/'99) 8  
 prostheses (7/'03) 5;  
 (5/'03) 5  
 protection: products &  
 items that protect from

chemicals, etc. (1/'00) 4,  
 7  
 Prozac (Rx) (4/'04) 7;  
 (10/'03) 1; (8/'03) 2;  
 (7/'03) 4; (10/'02) 7;  
 (5/'02) 3; (4/'02) 4;  
 (3/'02) 6; (2/'02) 1;  
 (4/'01) 2; (7/'99) 6;  
 (9/'08) 4,5  
 PSA elevated (11/'06) 7;  
 (11/'11) 5  
 PSK (7/'05) 1  
 Psoriasis (7/'03) 7; (1/'03)  
 7; (5/'99) 7  
 pstr@stic.net (4/'05) 8  
 psychiatric problems  
 (10/'02) 6  
 ptyerygium (10/'11) 7  
 pulmonary embolism  
 (12/'02) 3  
 Pure Ascorbic Acid  
 Vitamin C powder  
 (3/'05) 5; (11/'04) 3;  
 (9/'04) 5; (11/'02) 2  
 Pure Encapsulations (6/'05)  
 8  
*Purpose Driven Life, The*  
 (6/'04) 8  
 Pyloricidin (10/'04) 2  
 Pyrethroid pesticides:  
 dangers of (1/'10) 6;  
 (6/'10) 7  
 pyruvate-elevated (6/'05) 5  
 Q Gel (3/'05) 7; (7/'04) 3  
 Qlink Ally (1/'04) 4  
 QRS pen (12/'04) 5;  
 (7/'03) 4  
 QRS (8/'05) 5; (7/'03) 5;  
 (5/'03) 4; (3/'03) 3  
 Quatitative H. Pylori  
 Antibodies (test) (4/'99)  
 3  
*Questioning*  
*Chemotherapy,* by Dr.  
 Ralph Moss (4/'02) 2

R-Lipoic acid (2/'06) 6;  
 (10/'08) 4  
 radiation (for cancer): see  
 "chemotherapy"  
 radiation toxicity (3/'04) 2  
 radiation: protection from  
 (7/'01) 2  
 rare food diet (see "diet-  
 rare food")  
 RBC Minerals and Fatty  
 Acids Panel (7/'02) 4;  
 (4/'02) 5; (7/'01) 7  
 RBC Minerals and Fatty  
 Acids Test (11/'04) 3;  
 (8/'03) 4  
 RBC Minerals with Heavy  
 Metals and Fatty Acids  
 Test (6/'03) 4  
 RDA's (Recommended  
 Daily Allowance)  
 (1/'04) 3  
 Recalcitrant Hypokalemia  
 (9/'03) 4  
 Recancostat(3/'05) 5;  
 (1/'04) 7; (5/'03) 6;  
 (12/'02) 6; (5/'07) 7  
*Recovery From Cancer*, by  
 Elaine Nussbaum  
 (10/'03) 3  
 rectal problems (9/'03) 7  
 Red Blood Cells Minerals  
 (test) (3/'04) 6  
 Red Rice Yeast Extract  
 (3/'04) 3; (7/'04) 6  
 Red Yeast Rice 600  
 Capsules (3/'04) 3  
 Red Yeast Rice (3/'04) 3  
 reflux esophagitis (7/'05) 4,  
 6; (10/'03) 3  
 Refluxin (replaces  
 antacids)(10/'03) 3  
 Relaxation (5/'03) 5  
 Remicade (3/'05) 4; (1/'04)  
 5

remodeling: less toxic  
 alternatives for materials  
 (10/'99) 1  
 renal dialysis (5/'04) 1  
 retinitis pigmentosa (1/'04)  
 2; (1/'02) 4  
 revascularization (6/'05) 3  
 rhabdomyolysis (8/'03) 3  
 RheumaCare 40 mg (1/'03)  
 6  
 rheumatoid arthritis: (see  
 "arthritis-rheumatoid")  
 rhinitis (12/'02) 4  
 Rhizinate (3/'99) 6  
 Rhizinate (4/'99) 4  
 ringing in the ears (tinnitus)  
 (9/'02) 7; (7/'01) 5  
 Ritalin (also Dexedrine,  
 Adderall, Desoxyn,  
 DextroStat, Cylert...)  
 (12/'03) 2; (7/'03) 4;  
 (5/'04) 2; (2/'02) 1;  
 (12/'00) 1; (7/'99) 6;  
 (4/'99) 4  
 R-Lipoic Acid (3/'05) 5;  
 (3/'04) 2  
 Root canals (12/'11) 5  
 rosacea (7/'04) 7; (1/'00) 5  
 Rotenone (9/'02) 5  
 ruptured disc (3/'02) 1  
 Saccharomyces boullardi  
 (9/'03) 6; (8/'06) 4  
 SARS (Severe Acute  
 Respiratory Syndrome)  
 (10/'03) 4; (6/'03) 5  
 schizophrenia (7/'03) 2;  
 (9/'02) 1; (5/'02) 3, 5;  
 (1/'02) 4; (1/'00) 6;  
 (9/'99) 8; (3/'99) 5  
 schizophrenia: treatment  
 protocol (1/'05) 4;  
 (5/'04) 2  
 sciatica (3/'02) 1  
 scleroderma (5/'99) 2  
 Scotchgard (5/'03) 3

Scs Intensive Nutrition  
 (supplier) (4/'03) 8  
 Seafood Direct (non-  
 farmed seafood) (7/'03)  
 5; (8/'02) 2  
 Seasonal Affective  
 Disorder ("winter  
 blues") (2/'03) 7; (1/'00)  
 4  
 sea vegetables (11/'08) 7  
 SeaVive (2/'02) 2; (1/'02)  
 7;(12/'00) 7; (1/'00) 6;  
 (11/'99) 7  
 Secretory IgA (low on test)  
 (8/'10) 5  
 seeds (plant) (8/'02) 6  
 seizures (also seizure  
 disorders)(5/'04) 2;  
 (1/'04) 3; (3/'03) 2;  
 (3/'03) 4; (10/'02) 6;  
 (5/'02) 3; (1/'02) 4;  
 (12/'00) 6  
 seizures: Vit D helps  
 (3/'05) 3  
 selenium cruciferate (8/'99)  
 3  
 Selenium Synergy (9/'99) 2  
 Selenium (9/'99) 1; (8/'11)  
 2; (9/'11) 2  
 selenium: aid to cancer  
 prevention (6/'05) 7;  
 (8/'04) 4; (9/'11) 2  
 selenium: helps side effects  
 of chemo (4/'05) 4  
 selenium: leads to flu  
 resistance (2/'04) 1  
 Seleniumcruciferate 200  
 mcg (8/'04) 4  
 Selenomethionine (3/'04)  
 6; (3/'02) 3  
 self-heating cans (6/'02) 8  
 senile dementia (senility)  
 (see also "Alzheimer's  
 Disease") (5/'04) 3;  
 (8/'03) 3(8/'02) 1

September 11 workers:  
 health problems after  
 (2/'04) 3; (2/'03) 7  
*September 11, 2005*, by Dr.  
 Majid Ali (6/'03) 4  
 September 11: toxic  
 aftermath (see also  
 "Trade Center  
 Syndrome") (12/'03) 2;  
 (6/'03) 4; (2/'03) 4;  
 (12/'02) 6; (8/'02) 5;  
 (4/'02) 5  
 Serotonin Syndrome  
 (5/'02) 3  
 serum magnesium test  
 (12/'99) 3  
 Seventh Generation  
 (supplier) (5/'99) 1  
 sick building syndrome: see  
 "toxic environment-at  
 work"  
 sickle cell anemia (6/'99) 4  
 silibinin (see also  
 "silymarin") (6/'05) 7  
 silicon (5/'02) 5; (12/'04)  
 6; (10/'08) 5,6; (6/'10) 4  
 silicone: used in the body it  
 causes joint pain,  
 headaches, etc. (11/'02)  
 1  
 Silit Pressure Cooker  
 (1/'05) 6  
 silver: used for healing  
 (12/'04) 4  
 silymarin (see also  
 "silibinin") (8/'05) 4;  
 (6/'03) 2; (12/'99) 4;  
 (3/'07) 4; (6/'08) 7;  
 (2/'11) 2;  
 Siliphos (2/'11) 2  
 Singulair (Rx) (12/'99) 5;  
 (2/'99) 4  
 sinus problems: also  
 sinusitis (12/'02) 4;  
 (9/'99) 8

Sjogren's Syndrome  
 (3/'99) 5  
 skin diseases & problems  
 (6/'05) 6; (10/'03) 6;  
 (8/'99) 4  
 skin: aging (12/'04) 7  
 skin: healing with Lumen  
 (LED)(1/'05) 2  
 sleep apnea (8/'08) 2,3  
 sleep disturbances (3/'03) 4  
 smallpox vaccination  
 (4/'02) 4  
 smoking (cigarettes): help  
 stopping (4/'02) 4  
 snakebite (1/'03) 7  
 snoring (2/'99) 5  
 soda (soda pop, carbonated  
 beverages) (see also,  
 "Coke")(2/'04) 6;  
 (4/'01) 5; (1/'00) 7;  
 (6/'99) 6  
 Solaray (6/'04) 8  
 Sonicare (for teeth  
 cleaning) (5/'04) 7  
 Sonicare.com (supplier)  
 (5/'04) 8  
 soy & soybeans: no longer  
 so healthy (1/'03) 5;  
 (9/'02) 4; (7/'02) 2;  
 (5/'02) 4; (3/'02) 3  
 soy protein: Phytomin Soy  
 Protein Maintenance  
 (1/'03) 3  
 spastic colon (1/'03) 1;  
 (3/'99) 5  
 spiritual and family life and  
 healing (8/'99) 6  
 spontaneous abortion  
 (immanent-preventing)  
 (12/'03) 3  
 Sporonox (7/'03) 2  
 sports & sudden death (in  
 students & adults)  
 (8/'03) 5  
 sports (2/'04) 6; (3/'03) 5

sports: nutritional needs  
 (8/'03) 5  
 sprains (4/'02) 4  
 spreading phenomenon  
 (5/'99) 6  
 statin drugs (8/'05) 6;  
 (7/'05) 5, 7; (3/'05) 7;  
 (3/'04) 3; (10/'03) 2;  
 (8/'03) 3; (7/'03) 3;  
 (11/'02) 6; (6/'02) 5;  
 (9/'07) 3; (1/'11) 5;  
 (12/'11) 4;  
 stents: dangers of (9/'07) 4;  
 (3/'11) 3; (11/'11) 1;  
 stomach disorders (3/'99) 5  
 Stomatitis virus (10/'03) 4  
 Stool test: Gifx (11/'07) 3  
 Strattera (Rx) (8/'05) 2  
 Strattera (6/'04) 1  
 stress (7/'05) 2; (6/'05) 8;  
 (1/'05) 8; (1/'04) 4;  
 (5/'02) 1; (4/'02) 4;  
 (5/'99) 4, 5; (9/'06) 4;  
 (11/'07) 1; (5/'10) 1  
 stretching (12/'02) 7  
 stroke (7/'05) 5; (12/'02) 3;  
 (8/'02) 1; (1/'00) 4;  
 (11/'99) 7; (5/'10) 1;  
 (11/'11) 2;  
 strokes: healing afterwards  
 (7/'05) 3; (12/'04) 3;  
 (11/'11) 2;  
 stroke: warning signs of  
 (3/'07) 1  
 strokes: treatment of  
 clogged arteries (12/'04)  
 6  
 strontium poisoning (6/'02)  
 7  
 sugar cravings (8/'05) 2;  
 (8/'04) 6; (4/'04) 3;  
 (8/'02) 4; (5/'02) 5;  
 (1/'00) 6; (2/'99) 3  
 sugar substitutes: see  
 "Aspartame"

sugar (5/'99) 4; (3/'99) 3; (2/'08) 5  
 sugar: promotes growth of cancer cells (4/'04) 1  
 sugar: triggers violent mood swings (12/'02) 6  
 suicide & suicidal depression (8/'03) 2; (5/'02) 3, 4  
 suicide: the prescription drug connection (5/'04) 2  
 sun exposure (7/'99) 1  
 suncountrynaturals.com (9/'04) 8  
 sunscreen lotion: "make your own" formulas (7/'99) 1  
 sunscreen lotion: effective, recommended ones (6/'05) 1; (1/'03) 1; (5/'06) 5  
 Super 2 Daily ("the best, all-purpose multi mineral") (5/'04) 2  
 Super Beta-carotene (1/'04) 7; (11/'03) 4  
 Super DHA (7/'04) 5; (12/'03) 4, 7; (1/'02) 4  
 Super K with K2 (Life Extension) (11/'04) 7  
 Super Omega-3 Fish Oil (2/'99) 4  
 Super Pancreatin (1/'04) 3; (6/'03) 2, 5; (2/'03) 4  
 Sure Beam (food irradiation) (2/'03) 5  
 Surgery (7/'05) 3; (4/'02) 1; (12/'99) 4; (11/'99) 7; (10/'99) 7; (9/'99) 6; (6/'99) 1; (6/'99) 7; (2/'99) 4; (1/'07) 2; (7/'10) 7; (10/'11) 3  
 surgery: ablation: its failure (5/'05) 4; (5/'03) 7

surgery: anesthesia decreases brain function (4/'05) 7  
 surgery: Arginine helps (1/'05) 7; (2/'10) 4  
 surgery: healing from (6/'05) 4; (2/'10) 4  
 surgery: preparing for (4/'05) 7; (2/'04) 5; (5/'03) 7; \*(2/'02) 6; (12/'00) 1; (8/'99) 5; (6/'99) 1  
 surgery: prevention (5/'03) 7  
 surgery: restenosis problem helped (1/'05) 6  
 surgery: wound healing (1/'05) 2  
 surgery-arthroscopic (4/'03) 7; (10/'02) 3  
 surgery-bypass (6/'03) 3; (2/'03) 1; (6/'99) 1; (6/'99) 6  
 surgery-bypass: use of cod liver oil in patients (1/'05) 6  
 surgery-colon (9/'03) 4  
 surgery-gallbladder (4/'05) 4; (2/'03) 4  
 surgery-heart (6/'05) 3; (5/'03) 7  
 surgery-heart: crucial steps after heart surgery (2/'03) 1  
 surgery-joint (6/'99) 6  
 surgery-open heart (8/'99) 5  
 sweating: the resultant nutrient loss (9/'02) 7; (8/'99) 1  
 sweet cravings: see "sugar cravings"  
 sweeteners, natural: honey, maple syrup, rice syrup, stevia (5/'99) 4

sweets (5/'02) 1; (4/'01) 6; (5/'99) 5  
 sweets: recipes for sugar-free, non-dairy treats (4/'99) 4  
 symptoms that don't make sense (12/'00) 4  
 Synaptin (12/'00) 6  
 Syndrome-X (7/'06) 2; (3/'06) 5; (12/'07) 3; (2/'08) 5; (1/'08) 2  
 Synthroid (Rx) (10/'02) 3; (3/'02) 5; (2/'02) 3; (4/'01) 1  
 Tagamet (Rx) (8/'02) 2  
*Talking Back to Ritalin* by Dr. Peter Breggin (7/'99) 6  
 Tambocor (5/'05) 4; (2/'02) 1  
 Tamoxifen (8/'05) 3; (11/'03) 2  
 Tardive dyskinesia (12/'11)  
 taurine deficiency (1/'04) 2  
 taurine (7/'04) 5  
 teen depression & suicides (4/'04) 7  
 teen health (5/'05) 7  
 teeth (10/'02) 4; (5/'02) 5  
 teeth: avoiding extraction or root canals (12/'00) 4  
 teeth: bad teeth or hidden infections cause problems in other areas (1/'05) 3; (3/'04) 5; (6/'99) 5; (6/'08) 6,7; (6/'11) 5  
 teeth: healing tooth aches, tender teeth (12/'04) 5; (5/'03) 5; (3/'03) 2  
 teeth: hidden infection & problems (12/'00) 4; (5/'00) 1  
 teeth: tender teeth a danger sign (7/'03) 3

teeth: tooth/organ/meridian chart (12/00) 5  
Teflon: dangers (9/06) 6; (11/07) 3; (8/10) 2  
tendon/ligament rupture (5/08) 1  
tendonitis(1/04) 6; (12/03) 7; (5/03) 4; (3/02) 1  
tennis elbow (epicondylitis) (7/03) 5; (12/00) 4; (5/00) 3  
tension (7/01) 7  
testosterone: low levels pose risks(9/04) 2  
Thallium stress test (5/06) 7; (1/11) 4;  
*Theanine the Relaxation Amino Acid*, by Sahley, Dr. B.J. (1/05) 8  
Theanine (1/05) 8  
thiamine deficiency (10/02) 7  
thinning the blood (how to do it without drugs) (8/05) 6; (12/99) 3  
thinning the blood (12/03) 4  
ThioNAC (8/02) 5  
Thisilibin, ThistleRx, Thisilyn Pro (also "silibinin" & "silymarin") (8/05) 4; (6/05) 7; (6/03) 2;(12/99) 4  
Thorne (supplier) (11/04) 8  
throat papillomas (8/02) 1  
thyroid disease/problems/thyroiditis (8/05) 4; (11/04) 5; (11/03) 7; (1/03) 7; (7/02) 6, 7; (6/02) 4; (5/02) 4; (3/02) 2; (2/02) 2; (7/01) 4; (4/01) 2, 4; (1/00) 5;

(12/99) 1; (9/99) 2; (8/99) 2; (3/99) 3; (2/99) 3; (5/08) 2,3; (6/10) 5; (8/10) 3; (8/11) 1  
Thyroid Auto-Antibodies Test (2/99) 3; (8/11) 1  
*Thyroid Power: 10 Steps to Total Health* by Shames (2/02) 5, 8  
thyrotoxicosis (5/99) 2  
TMJ splints (8/05) 4  
Tocotrienols (7/05) 7; (1/04) 4; (6/03) 2; (2/03) 4; (8/10) 1  
Tocotrienols: kills cancer cells (11/03) 3; (2/10) 5  
toenails/fingernails: thickening or deformity (3/03) 4  
toiletries: non-toxic (12/08) 7;  
tooth loss: health implications of (1/10) 4  
tooth map (10/08) 2  
tongue: coated, problems, etc. (1/00) 2  
torn rotator cuff (1/04) 6; (4/02) 4  
torn tendons and ligaments: aids to healing (1/05) 2  
touch: healing properties (5/05) 8  
Tourette's Disease (5/04) 2; (9/02) 1; (5/02) 3; (7/99) 7  
toxic environment-at school (1/00) 3  
toxic environment-at work (8/02) 4; (6/02) 1; (5/02) 5; (5/00) 5; (1/00) 3; (5/99) 3, 5, 6  
toxic environment-in the car (8/05) 3, 5

toxic environment-in the home (5/03) 1; (9/02) 5; (5/02) 5; (3/02) 6; (1/02) 4; (4/01) 4; (1/00) 4, 7; (5/99) 6  
toxic environment-public buildings (2/02) 5; (1/00) 3  
toxic hormones: protection from (5/00) 4  
toxic towns and cities (12/03) 1  
toxicity (in the body) (7/05) 2; (9/02) 3; (7/01) 4  
toxicity: Vit C the safest, cheapest form of protection (5/03) 5  
toxicity-environmental (8/05) 3, 5; (12/03) 3; (11/03) 7; (12/02) 5; (10/02) 6; 9/2, 4; (8/02) 4; (6/02) 2; (4/02) 5; (3/02) 1, 6; (7/01) 1; (4/01) 2; (12/00) 1; (5/00) 3  
toxicity: proof of (12/07) 4; (3/08) 5  
trace minerals (9/04) 7; (6/02) 6  
Trade Center Syndrome (see also "September 11")(12/02) 5; (6/06) 5  
tranquilizer withdrawal (or stopping) (4/02) 4  
tranquilizers-natural (1/00) 6  
trans fatty acid levels in store-bought food (11/03) 5; (11/06) 4  
trans fatty acids (7/05) 5; (6/05) 4; (5/05) 2; (1/05) 7; (7/04) 2; (4/04) 2; (2/04) 2; \*(11/03) 4; (8/03) 5; (6/03) 2; (5/03) 7;

(11/02) 5; (6/02) 6;  
(5/02) 4; (4/02) 7;  
(1/02) 2; \*(11/99) 2;  
(7/99) 5; (7/08) 3,4;  
(1/10) 2; (6/11) 1  
transfer factor (1/03) 2  
traveler's diarrhea (also  
"tourista") (9/03) 1;  
(8/99) 4  
traveler's diarrhea:  
preventing (9/03) 6;  
(12/02) 7  
traveling: protection from  
toxins, pollution, etc.  
(8/03) 8; (10/08) 6,7  
*Treating Cancer With  
Insulin Potentiation  
Therapy*, Hauser (4/04)  
2  
tremors (3/08)1; (12/11) 6  
triglyceride metabolism  
(5/00) 6  
Tri-Salts (7/01) 7; (8/99)  
1  
*Triumph Over Hepatitis*, by  
Wright, Lloyd (5/05) 8  
Trovan (antibiotic) (1/00)  
5  
Tryptophan (7/01) 7;  
(11/99) 1; (9/99) 6  
tumor necrosis factor  
(1/04) 5; (10/99) 4  
tumor necrosis factor:drugs  
used to suppress  
(10/06) 3  
tumor necrosis (3/05) 4;  
(3/04) 5; (1/04) 4  
tumors: Lumen (LED) light  
used to destroy (1/05) 2  
Tums(6/99) 4  
Tylenol: see  
"acetaminophen"  
Tyler/Integrated  
Therapeutics (10/04) 8  
ulcerative colitis (12/03) 7;  
(7/03) 7; (6/06) 6

ulcers-aphthous (3/99) 6  
ulcers-duodenal (3/99) 6  
ulcers-gastric (4/99) 2;  
(3/99) 5, 6  
ulcers-skin (1/05) 2  
ulcers-stomach (4/99) 2;  
(3/99) 6  
Ultra Flora Plus DS  
(12/00) 3  
Ultrafast Heart Scan  
(11/04) 3; (2/04) 2;  
(7/01) 1; (5/07) 2'  
4/07) 2; (6/11) 2  
UltraInflamX (4/01) 3  
Undecyn (3/99) 4  
Uric acid: high (6/06) 7  
urinary tract infection  
(UTI)(3/04) 4; (6/02) 5  
uterine fibroids (7/01) 6;  
(10/07) 6  
uva ursi (6/04) 7  
vaccines: see  
"immunizations"  
Vanadium (5/10) 2  
Vanadyl Factors (2/04) 4;  
(11/02) 7  
Vanulin 7.5 mg (2/99) 3  
Vasodilators (12/02) 4  
Vesicare (Rx) (8/05) 2  
Viagra: causes deafness  
(11/11) 1  
Vinpocetine (7/04) 5;  
(12/00) 6  
violence, aggression,  
crimes, etc. (5/02) 3;  
(5/00) 3, 5  
Vioxx (Rx): leads to heart  
attacks, bladder  
malfunction...(3/05) 6;  
(5/05) 1; (12/04) 1;  
(9/03) 7; (7/03) 1;  
(12/02) 6  
ViraClear EPs 7630 (2/11)  
3  
virus protection (10/03) 4

viruses (11/04) 4; (7/04)  
7; (5/04) 4; (2/04) 1  
viruses-in children (4/03)  
5  
vision: healed with LED  
light (1/05) 2  
vision: improving (12/00)  
6; (2/99) 6  
Vital 10 (9/03) 6; (12/02)  
7; (10/02) 7  
Vital Nutrition.com (Peter  
Gilham's)(9/02) 8  
Vitamin B12 deficiency  
(1/00) 2; (12/99) 2;  
(8/08) 4  
Vitamin B2 (riboflavin)  
(1/00) 3  
Vitamin B3 (6/02) 6  
Vitamin B5 (7/08) 6,7  
Vitamin B6 (1/00) 3;  
(4/08) 3; (5/08) 5  
Vitamin C Crystals  
(11/03) 4  
Vitamin C Powder (5/03)  
6; (12/02) 7  
Vitamin C (2/04) 2;  
(1/04) 7; (11/03) 4;  
(5/03) 6; (1/03) 3;  
(12/02) 7; (4/01) 6;  
(12/99) 4, 7; \*(10/99)  
4; (6/99) 4  
Vitamin D: better than a flu  
shot (11/11) 2  
Vitamin D Capsules  
(Carlson's)(5/04) 6  
Vitamin D Deficiency  
(5/04) 5; (1/06) 1;  
(3/07) 4; (5/11) 1;  
(9/11) 7  
Vitamin D: deficiency in  
toddlers (12/08) 3,4  
Vitamin D: helps with  
cancer, high blood  
pressure, heart...(3/05)  
3; (1/05) 4; (3/05) 3;  
(5/04) 5; (11/03) 3;

(10/'02) 4; (7/'99) 1;  
(11/'08) 3; (9/'11) 4  
Vitamin D: its function in  
the body (3/'05) 3;  
(4/'08) 3; (2/'10) 1;  
Vitamin D3 1000 mg  
(3/'05) 3; (8/'04) 4  
vitamin deficiencies (5/'02)  
4; (12/'99) 4; (10/'99) 4;  
(7/'99) 1  
Vitamin E (7/'05) 7;  
(6/'02) 6; (3/'02) 4;  
(1/'00) 7; (7/'99) 3;  
(6/'99) 4; (3/'99) 2;  
(7/'06) 5; (11/'08) 4;  
(10/'08) 3, (3/'11) 1;  
(8/'11) 1  
Vitamin E: deficiency in  
toddlers (5/'06) 1  
Vitamin E: function &  
amounts (1/'04) 3;  
(7/'03) 3; (4/'99) 4  
Vitamin E: slander (5/'05)  
1  
Vitamin E suppositories  
(2/'10) 1  
Vitamin E-synthetic:  
destroys natural Vit E,  
hurries aging...(5/'05)  
2; (9/'04) 5; (7/'03) 3  
Vitamin K: its function for  
regulating calcium use  
& necessity (7/'05) 7;  
(11/'04) 7  
Vitamin K2 (11/'04) 7;  
(3/'04) 6, (7/'08) 2,3;  
(5/'10) 6  
Vitamin Panel (11/'02) 4  
Vitamin Research  
(supplier) (5/'04) 8  
Vitamins: beware cheap  
(5/'11) 4  
Vitamins C & E: inhibit  
plaque growth (9/'04) 5

vitamins: educating  
physicians-the need for,  
their function (6/'03) 6  
vitamins: special newsletter  
(Summer/'94) Misc.  
vitiligo (loss of skin color)  
(8/'99) 4  
Wakunaga (supplier)  
(11/'04) 8  
Water (6/'04) 3; (2/'04) 6;  
(7/'03) 5; (10/'06) 7;  
(4/'11) 4  
WaterOz Silver Mineral  
Water (3/'99) 4  
weed killers (4/'01) 3  
weight gain (unwanted):  
(11/'04) 6; (4/'04) 3;  
(10/'03) 5; (6/'03) 4;  
(1/'03) 3; (11/'11) 6  
weight: trying to lose  
(8/'05) 4; (1/'05) 8;  
(8/'04) 1, 6; (7/'04) 5;  
(11/'03) 1, 5; (10/'03) 5;  
(7/'03) 4; (12/'02) 6;  
(10/'02) 4, 5; (9/'02) 6;  
(8/'02) 3; (4/'02) 7;  
(7/'01) 3; (11/'99) 7;  
\*(2/'99) 1; (12/'07) 3;  
(10/'07) 7; (6/'07) 6;  
(2/'11) 6  
weight-bearing stress for  
bones (6/'99) 7  
weight-trying to gain  
(10/'03) 6  
Well Wisdom (supplier)  
(7/'05) 8  
Wellness Pharmacy (8/'04)  
8  
West Nile Virus: bug spray  
protection (9/'04) 4  
whey (8/'99) 3; (2/'99) 5  
white dental fillings (4/'01)  
3  
whole cereal grains (6/'99)  
3

Windham Pharmacy  
(11/'04) 8  
Wobenzyme (supplier)  
(3/'04) 6; (4/'02) 1  
women: the things we do  
that can lead to breast  
cancer (8/'05) 4; (9/'04)  
2  
worry (5/'02) 4  
wrinkles:cream for (8/'06)  
7  
wrinkle treatments: pros and  
cons (4/'11) 5  
Xenical (Rx)(12/'99) 5  
X-rays: dangers of ((4/'11)  
5  
y2healthanddetox.com  
(supplier)(5/'05) 8  
yeast (see also "Candida")  
(3/'99) 4  
*Yeast Connection, The* by  
Dr. Orion Truss (1/'03)  
1  
yeast-free diet (1/'04) 2  
yogurt (12/'00) 3  
yourpeaceof  
mindonline.com (3/'05)  
8  
Zinc Balance (3/'04) 6;  
(10/'03) 5; (12/'02) 1;  
(8/'02) 5  
Zinc (8/'05) 6; (7/'05) 8;  
(8/'02) 5; (10/'99) 4;  
(5/'99) 5; (9/'07) 7;  
(6/'11) 4  
Zocor (Rx) (8/'03) 3;  
(1/'00) 6; (11/'99) 7  
Zoloft (Rx) (6/'04) 1;  
(4/'04) 7; (8/'03) 2  
benign prostatic  
hypertrophy (BPH)  
(8/'05) 5  
The Zone diet (2/'99) 1  
Dr. Atkins Diet Revolution  
(2/'99) 1

cookbook: *The Gourmet  
Uncook Book* by Baker  
(2/'99) 1  
cookbook: *Dining in the  
Raw* by Romano (2/'99)  
1

cookbook: *Your Child  
Doesn't Have To Die*  
by Sorteburg (2/'99) 1  
cookbook: *Step By Step  
Guide to Nutritional  
Healing* (2/'99) 1

KB Cotton Pillows  
(supplier) (2/'99) 5